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Gisborne Gazette

serving the southern macedon ranges

AUGUST 2020 – FREE

Wondrous wattle

As the coronavirus pandemic ebbs and flows, the *Gazette* hopes the regular changes of nature around us bring feelings of comfort, hope and joy.

A Cootamundra wattle spreads its cheer in Daly Street, Gisborne, on July 19.



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From the Editor's desk

As this edition goes to print, our community sits on edge with Gisborne Secondary College closed due to the investigation of a case of COVID-19 at the school. We never know what tomorrow will bring, but in the case of COVID-19 not knowing what the pandemic will bring to our lives, our families, our community, our country, and the world can be unsettling and for some overwhelming.

One thing we can count on is nature following its course, like the annual yellow pop of wattles around the area on this month's cover. Taking the time to observe and appreciate the beautiful environment we are so lucky to have around us always brings me peace of mind. We also know that especially in times of uncertainty, staying connected to your community can help you feel and manage better so I hope this edition – filled with news, reports, photos, reflections and artistry of over 70 members of our community – helps you do that. We let other media provide you the latest information on COVID-19.

In addition to the usual updates from a wide variety of local groups, this edition includes heartening reports of our community continuing to support local people, sporting clubs, services and businesses at this tough time. These include Holy Cross Primary students writing letters to the residents of the Oaks (page 30), UFS Pharmacies donating \$2000 to the Gisborne Foodbank (page 10), sponsorships continuing at Gisborne Bowling Club and growing at Gisborne Football Netball Club (both on page 34), local eateries staying busy (page 20) and Bendigo Community Bank thanking frontline workers (page 13).

In this month's *Gazette* you can also learn about life in Bullengarook 100 years ago (page 24), the story behind a deserted driveway on Fersfield Road (page 22), the history of the Gisborne District Table Tennis Association and the game of petanque (both page 35), and the late Noel Fitzpatrick's contribution to community health in Gisborne (page 23).

You can also learn (page 4) where to get information on the draft Gisborne Futures – council's plan to guide Gisborne's growth for the next 30 years – which opened for community consultation on July 27. Unfortunately, drafts were not available before we went to print, so the September edition will include a feature on Gisborne Futures.

As the pandemic persists, it is important to maintain hope for better times ahead. I thank local mum Claire McCulloch for sharing her pandemic experience and hopes for the future on page 7 and members of the Macedon Ranges Photographic Society for sharing their images of hope around their homes for the photo feature on page 8.

Finally, one of my favourite parts of yoga class each week is when my teacher says, "Keep breathing!" because invariably she's right; in my focus to hold or reach a certain position I have held my breath and when I open my lungs again everything becomes easier, and I am grateful for her attention. As 2020 continues to throw us challenges, mindful breathing can provide many benefits (see page 17) and caring for yourself and others is vital. A hug (within guidelines), a chat, a message and kind words can make a real, positive difference – and are all free.

Happy reading, take care, and please get tested and stay home if you're feeling unwell.
Corinne

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| Issue | Month | Deadline | Distribution |
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| 155 | September | August 19 | September 2 |
| 156 | October | Sept 16 | September 30 |
| 157 | November | October 15 | October 28 |

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Macedon: Post Office and United service station on Black Forest Drive
New Gisborne: Cafe at 3 Ladd Road
Riddells Creek: Newsagency
Woodend: Coles supermarket

The *Gazette* is supported by Macedon Ranges Shire Council.



A MINUTE WITH MAXINE

David Tunbridge has been delivering the *Gazette* since 2006.

David was born in Ballarat and went to school there before he moved to Melbourne in 1978. He decided when living in the western suburbs that he wanted to move to a town of deciduous trees, so it was either Bacchus Marsh or Gisborne.

He found the block of land in Gisborne in 1996 where his house is situated now and is perfectly placed with large windows and well-manicured gardens overlooking Jackson Creek.

David is a founding member of the Friends of Jackson Creek which over the years set about removing large sections of woody weeds and replanting with local native vegetation.

Extending parkland, extending the path network, installing a new bridge crossover, exercise equipment and improving recreational signs are all part of bringing people to the natural asset which Gisborne is fortunate to have. Along with a small number of volun-



David Tunbridge

teers the Friends continue to maintain the creek with funding from the council and state government. They meet on the third Sunday of the month for about one hour.

David tries to avoid the winter weather by going away for a couple of months, however that has been put on hold this year due to COVID.

David has been in the police force for 42 years and is looking forward to retirement.

Maxine Barker

Another few seconds with Maxine...

I would like to welcome Barbara and Ivan Vasilevski along with Dick and Margaret Barker who joined our Gisborne distribution family last month. Thank you again goes to Gillian Cafari for being available at the last minute to cover for holidays.

If you have an excess of *Gazettes* please contact me and I will arrange to collect them. Please do not leave any at the front door of the GREAT Centre as it is still closed until further notice.

Stay safe,

Maxine



Clare Lovell and owner Gary Setia



Locals enjoyed free coffee at the opening on July 16.

New cafe opens full of hope

Gary Setia, owner of the Mocha Leaf Cafe in Riddells Creek, opened the Macedon Lounge on Victoria Street, Macedon on July 16 with free coffee and positive thinking.

He admitted a few people have told him he's crazy for opening a cafe during the pandemic, but Gary disagrees.

He believes there's never a wrong time to do something adventurous if it's a good idea, and thinks Macedon could do with a restaurant-bar

like the Macedon Lounge open during the day and in the evenings.

He is therefore "giving it a go" and has been delighted with the support locals have shown the new business.

Gary said he had been a positive person all his life and beamed, "If people don't have hope, tell them to come and see us and we'll make them hopeful!"

More in Macedon Musings ► Page 22

Builder selected

A builder has been appointed to construct Stage 2 of Gisborne Primary's \$10 million upgrade — which will see a new competition-grade gymnasium and administration building.

Stage 1 of works to the school have been completed and consisted of refurbishment of classrooms. Newton Manor Constructions Pty Ltd will carry out Stage 2 works, which are expected to be completed by mid-2021.



Tender love

Nothing beats a hug!

Shae and her father Daniel Harwood enjoy an embrace while waiting for their takeaway in Gisborne on July 24.

A great reminder for us all to express our love and appreciation for family and friends during this uncertain time.



MEMBER'S MESSAGE

With Mary-Anne Thomas

It's been a particularly tough past month for many — especially with the return to stay at home stage 3 restrictions for our friends in metropolitan Melbourne and the Mitchell Shire.

As I write this, Gisborne and the Macedon Ranges have avoided stay at home restrictions. However, we are still subject to restrictions, and you can find out more about them at (insert link). Movement into areas that are under stay at home orders is inadvisable — sometimes the best question to ask is not 'Can I?' but 'Should I?'.

Because of the change in restrictions, there has never been a more important time to shop local, and we're lucky here in Gisborne to have an abundance of great family-run businesses. It's a good idea to stay local and head to Foodworks, IGA or Coles, who have all been doing a fantastic job supporting the community over these past few months.

Our local green grocer and butchers also provide some beautiful fresh produce. We've got so many cafes to choose from, and they make some really delicious food and great coffee. Not to mention the yummy restaurants and takeaway options we have for lunch and dinner too.

If you need pet supplies, a haircut, an optometrist, or some new clothes — all of these things can be found in Gisborne. And if you can't get something in Gisborne or Macedon/Mt Macedon, why not take a drive to Woodend, Kyneton, Romsey or even Lancefield?

I know that many of our businesses, especially those that are reliant on visitors from Melbourne, will be hard hit. That's why it's vital we come together, support each other and shop local.

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Update on Council facilities

Leisure centres and sports stadiums in the shire reopened for public use on July 13 with modifications in place due to COVID-19.

The number of people inside centres is restricted in line with government guidelines. Residents and visitors are asked to practise good hand hygiene, maintain appropriate physical distancing and to not enter centres if they are unwell.

Businesses in the shire will be allowed to remain open as long as they comply with government regulations.

Aquatic centres, indoor gyms, most libraries, Hanging Rock Reserve, playgrounds, outdoor gyms, sports grounds, parks and most public toilets in the shire are available for public use. Other facilities yet to reopen include Council service centres, some public toilets, community halls and sports pavilions.

Decisions regarding the opening up of services and any modifications in place will be made in coming weeks, and residents will be kept informed of any developments.

For updates on Council service changes and closures, call 5422 0333 or visit mrsc.vic.gov.au/coronavirus

Gisborne Futures

The draft Gisborne Futures plan became available after this edition went to print. The *Gazette* plans to produce a feature on the project in the September edition to help inform residents on the proposals.

After 40 years in business, Raul hangs up the shears



Raul Lopes gives Wayne Hederick, a customer of 15 years, a last haircut.

After nearly 40 years in the business, Gisborne hairdresser Raul Lopes has retired.

Raul started out in 1982 when he opened a salon in Aitken Street, later moving to his present location in Gisborne Arcade behind the Commonwealth Bank in 1990.

Born in Brazil, Raul arrived in Australia in 1975. He has learnt a lot of human psychology through his work and is a strong believer that although our clothes, bodies and hair colour change over the years, what's inside stays the same — or gets wiser.

There's no need to worry that Gisborne will be short of barbers when Raul retires as a new barber shop is opening in Hamilton Street shortly...

One of the first things he intends to do after putting down the scissors is pay a visit to his home country but he plans to eventually return to his Macedon home in retirement. His daughter Rebecca will take over the shop but will operate a different business.

Raul wishes to thank all those who supported him over the years.



Have your say on Gisborne's future

Council urges residents to share their views on 'Gisborne Futures' – a vision for how Gisborne will grow and develop over the next 30 years – during a fresh consultation phase open now until September 14.

Gisborne has been identified in State Planning Policy as a peri-urban centre with capacity for growth and council is seeking ways to increase housing diversity, choice and affordability and better cater for a changing and growing community.

The Gisborne Futures project will set a protected urban settlement boundary for Gisborne and identify future land uses for retail, employment, housing and community services. It also aims to improve and manage vehicle, cycle and pedestrian traffic, enable economic development and future employment opportunities, provide for open space linkages and protect important views and landscape features. The project includes:

- A long-term Structure Plan that guides future township growth, including housing, transport, shops, parks, landscapes and infra-structure.
- An Urban Design Framework that will shape the streets and buildings in the town centre, and
- A Neighbourhood Character Study to guide new housing development and protect the semi-rural feel of the area.

Gisborne Business Park expansion will be included.

Land east of the township at 284 Kilmore Road, known as Glen Junor, was recently added to the proposed settlement area of the draft Gisborne Structure Plan. For community consultation purposes, the opportunity to establish more shops and services east of the existing town boundary has been identified on this land in the draft Gisborne Structure Plan.

Mayor Janet Pearce said that following extensive consultations, this was residents' opportunity to let coun-

cil know if it had got the balance right.

Residents can view the proposed plan and framework drafts on council's website, read a booklet provided in local newspapers and around town, complete an online survey or make a written submission. The project team will also deliver publications, webinars, videos and a survey to encourage public comment.

"This is an important time for decision-making on Gisborne's future," said Cr Pearce. "We encourage ... community feedback, opinions and ideas from all residents."

To view the draft Gisborne Future plans, visit mrsc.vic.gov.au/yoursay. To obtain a printed version, email mrsc@mrsc.vic.gov.au or call 5422 0333. One-on-one online or phone discussions are available. To provide feedback, visit mrsc.vic.gov.au/yoursay, call 5421 0333 or email strategicplanning@mrsc.vic.gov.au. Submissions close on September 14.



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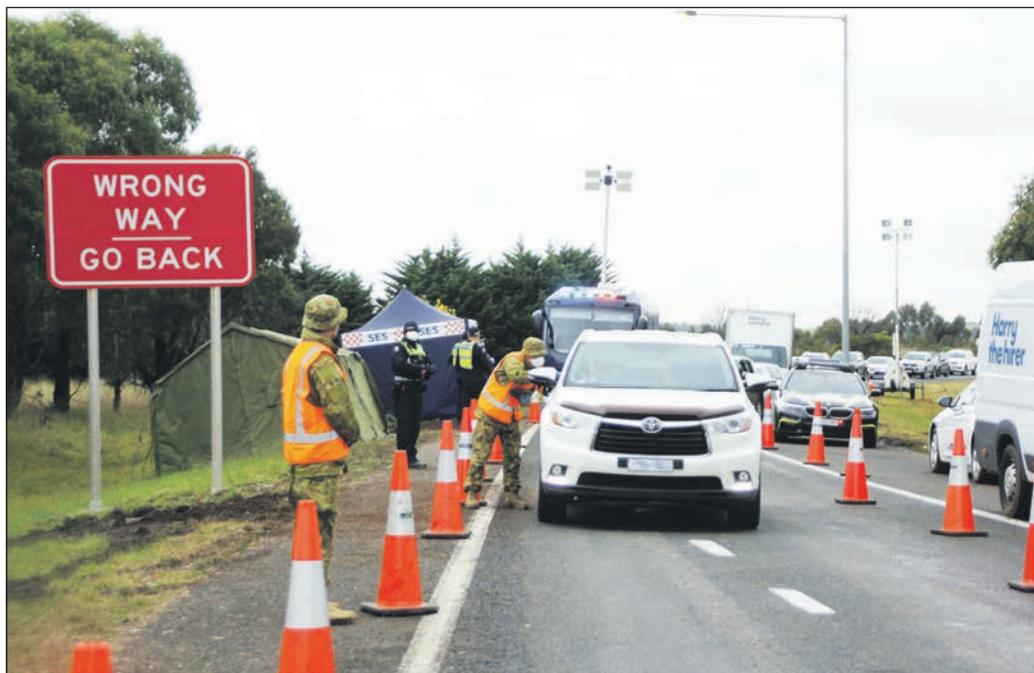
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Travel roadblock

In yet another reminder of the extraordinary times in which we currently live, soldiers and police check travellers at a roadblock on the Calder Freeway at Millett Road, South Gisborne, after Melbourne went to stage 3 lockdown restrictions on July 8. Roadblocks surrounding Melbourne are expected to remain in place well into August.



Update on historic Macedon House

Troy Daffy, who bought the historic Macedon House in Gisborne in 2018 and wants to renew it, says the project is moving forward at a productive but frustratingly slow pace.

Additional geotechnical investigations and environment auditing is now taking place, with the onsite portion of these works due to start in about a month. Final reports are expected within two or three months.

Troy is also having an independent bushfire management plan completed and a full site risk assessment, and these works are also expected to be finalised within two months. His town planners are working on required updates which will encapsulate the results of additional soil testing as well as the bushfire analysis.

Once all these works are completed, Macedon Ranges Shire Council will be able to continue its internal assessment process. Until then not much more can occur on site, he says.

New local podcasts released

The pandemic has sparked two more podcasts about the local area, giving us all the opportunity to learn more about the Macedon Ranges from the comfort of home (or anywhere else).

Macedon Ranges Nature Pod

Macedon Ranges Shire Council has launched the Macedon Ranges Nature Pod podcast to help raise the profile of the animals and plants within the naturally biodiverse Macedon Ranges.

Initially three episodes will focus on sounds in nature that residents might experience in their own back yards. Learn how to identify frog calls and common day and night back-yard birds with audio clues and fact sheets that can be downloaded.

The council's director of plan-

ning and environment, Angela Hughes, said the development of the series was fast tracked when most events in the environmental program were cancelled due to pandemic restrictions. For more information and to listen, visit mrsc.vic.gov.au/naturepod

This Local Life



Peter Fraser of Gisborne has launched this podcast in which he interviews a range of talented people of the Macedon Ranges. He says, "With a focus on life, health and the enjoyment of both, *This Local Life* will take you on a journey around Mount Macedon and beyond." Available on iTunes and Spotify.



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Athol Guy: grateful for this place of peace

Well-known musician Athol Guy AO shares his take on pandemic life

Wednesday July 22, 11am: After a nice local cafe break, I am now sitting at my laptop at perhaps the most critical moment in the current drama surrounding our lives in living memory, especially in my musical world.

Never have I been more grateful to be living in the Macedon Ranges, in the middle of winter, with a screen in front of me, a fire at my back, and Tig the cat requesting yet another snack! (Go catch a mouse.)

In touch with the planet and its struggle for survival, but able to reflect as objectively as possible on the current lottery of where we all live, and the restrictions being imposed on our freedoms and family connections.

I am, however, no better off in this respect, as the border between me and my crew is literally ten minutes away – but it might as well be Perth – so I share this disconnection with a multitude of other families.

No real answers available – in fact we hardly know what the pertinent questions should be.

Meantime, my life hasn't changed work wise. With my website development agency Webforce5, run by my son-in-law Ben, we have been developing an amazing launch for an Australian-created "Wizard of Oz/Looney Tunes" musical project I have been commissioned to produce, with all the music track demos, animation production, business plan and finally an international musical on stage – and of course all the streaming video clips so critical in today's climate.

What has changed is that under current stalled circumstances it will take years for the show to get to the musical stage, but a 45-minute video for



Part of Athol Guy's latest musical project has been stalled by COVID but he is still able to work on digital aspects.

streaming and shorter regional production around Australia are planned for later next year.

It has an environmental/family values educational ethos for the world's youth and their idealism. "KUBE – Kids Uniting for a Better Earth" is educational entertainment – not evangelism – created entirely by musicians, not media magicians.

My gratitude to be at least digitally surrounded by a fantastic team of support.

Seniors keeping digitally connected

Staying in touch with family and friends is a key contributor to good health. Due to personal circumstance or the recent COVID-19 social restrictions, face-to-face connection can be difficult at times but it's amazing how digital devices can help bridge the gap.

Gisborne Oaks resident Betty is a perfect example of being digitally connected. With phone calls, texting, email and other social media apps, she is in regular contact with family and friends, including a granddaughter in Canada.

Betty is also an avid listener to YouTube and ABC radio, a player of solitaire, a reader of news and an internet Googler, all on her phone and tablet. In other words, she's in touch with the world.

If you are a senior and would like to reach Betty's level of digital skill, call the Digital Connect Project for Seniors at Macedon

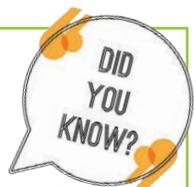


Betty with her smart phone and tablet.

Ranges Shire Council on 5422 0237.

This project is a joint initiative of Central Victorian Primary Care Partnership, Cobaw Community Health, Macedon Ranges Shire Council, Goldfields Libraries, Kyneton Community House, Lancefield Neighbourhood House, Gisborne Men's Shed, Macedon Ranges Health and the Zonta Club of Kyneton.

Gisborne's streets were laid out in 1851 by Robert Hoddle, the surveyor who also laid out Melbourne.



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The pandemic experience of a young mum

On Christmas Day 2019, our family welcomed a baby boy into the world. He arrived nine days early and was certainly a beautiful Christmas gift. Adjusting to our new way of life didn't take long and soon we were into the full swing of daily routines and activities.

When the COVID pandemic hit, we were unsure how a baby, a very energetic four-year-old, a full-time worker/student plus me, the caregiver, were going to manage being cooped up together for long periods without driving each other mad.

Strangely, it has been quite the opposite and there have been significant benefits.

My husband gets to spend a little bit of extra time with the kids because he no longer has to commute to and from work. This, in turn, has given me the opportunity to have more time to myself and seek reprieve when needed. Our newborn son is an incredibly relaxed and happy baby, sleeping

and feeding well. Being forced to slow down and spend more quality time together has been a blessing in many ways.

It has been difficult not to feel worry or despair for what the next 6-12 months might bring. We've endured not one but several major national and global disasters in the first half of the year resulting in much pain and suffering.

Like most, it is my hope that through perseverance, scientists can soon find a vaccine to help eradicate COVID-19. It is also my hope that collectively as a human race we can protect our planet and find solutions to reduce climate change and also come together in unity to eliminate poverty and civil injustices.

I do not want my children to live in fear for their future. I hope that we as a society and community can all do our part in making sure that generations to come will be safe and live happy long lives.

I have undoubtedly become

much more grateful for the smaller things in life and less eager to put myself into high-pressure situations. I am naturally an ambitious, career-oriented person who, through isolation, has been forced to slow down and live day by day. The most exciting thing planned in our day is going for a walk with the kids or going to the supermarket — a highlight of the week and a task my husband and I actually fight over!

But for now, I am relishing watching my almost five-year-old whizz around an empty netball court, discovering the joy of riding her bike without training wheels. It's these simple pleasures that will ultimately get me up in the morning during these challenging times with a smile on my face. We are so fortunate to live in such a beautiful part of the world, to have the freedom to walk in the crisp fresh air and belong to a community of like-minded people.

Claire McCulloch



Claire, Evie and 7-month old Rex McCulloch out for a walk at Tony Clarke Reserve in Macedon on July 16.

On feeling guilt during times of good fortune

As we watch the daily coronavirus statistics in Victoria, mixed emotions arise. There is fear and disappointment, frustration and gloom. Anger, relief and hope. But also - guilt. Who would have guessed?

The Macedon Ranges, like other rural areas, are "lucky" to have low incidence of diagnosed cases. And like the rest of country Victoria, we are enjoying relative freedom compared to residents of Melbourne and Mitchell Shire. We can still go to dinner, see our friends and relatives, even go to the pool. So why guilt?

It turns out that when we witness the



Clinical psychologist Dr Biliانا Ivanova writes about what many of us may be feeling

suffering or misfortune of others, we can experience empathy and compassion but also a sense of reverse injustice, known as "survival guilt". It is the opposite of feeling "hard done by" and the antidote to feeling "special".

Survival guilt is an emotional unease of feeling more fortunate than others not due to effort or merit, but by sheer randomness and luck. It happens when we escape a disaster by a

smidgeon but realise that "it could have been us". When our friend gets sick, but "it could have been us". When our neighbour loses their job, but "it could have been us". When a bushfire destroys every house down the road except our own, not because it is any safer, but by a capricious turn of the wind. "Why am I lucky but others are not? I have not done anything special to deserve this good fortune".

Even during the first lockdown, residents of the Macedon Ranges described feeling guilt for enjoying the slow down, the working from home, the daily opportunity to immerse them-

selves in the beautiful landscapes of the area. Especially those who still had a job.

Usually we feel guilt when we have made a mistake or done something wrong. But feeling guilt for enjoying our momentary luck is a strange and ultimately empathic response. It speaks of solidarity with the suffering. But may also represent a subconscious superstition that if we do feel "bad" while also feeling "good", we are already "punishing" ourselves, repenting in advance, and might somehow be spared again in the next roll of the dice.

Funny things, our emotions...



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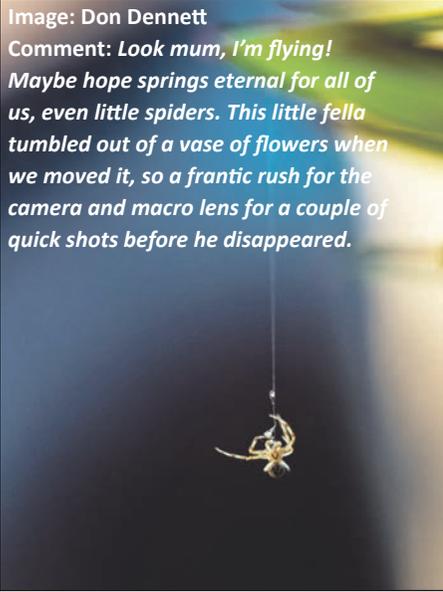


Image: Don Dennett

Comment: *Look mum, I'm flying! Maybe hope springs eternal for all of us, even little spiders. This little fella tumbled out of a vase of flowers when we moved it, so a frantic rush for the camera and macro lens for a couple of quick shots before he disappeared.*



Image: Judy Harrison

Comment: *Hope and light at the end of the tunnel.*



Image: Colleen Mahoney

Comment: *In the distance, a family hoping to catch fish and create memories.*

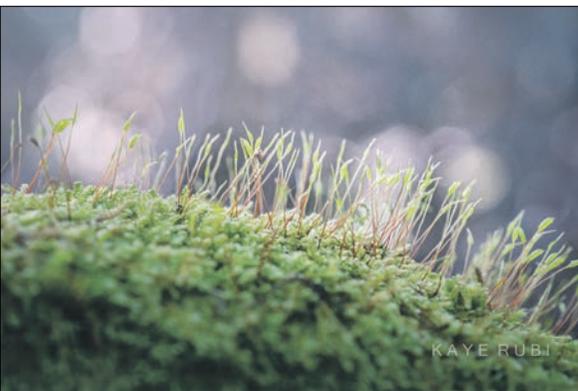


Image: Kaye Rubi

Comment: *Hope of life, even in the tiniest details.*

In search of hope

Macedon Ranges Photographic

Society members have been out in search of hope. With a challenge set on the theme of 'hope', members looked for inspiration in their own homes, gardens and surrounds.

The range of images presented shows how personal hope is and also how hope can be found in so many things around us. This is a welcome thought as we face continuing uncertainty due to COVID-19.

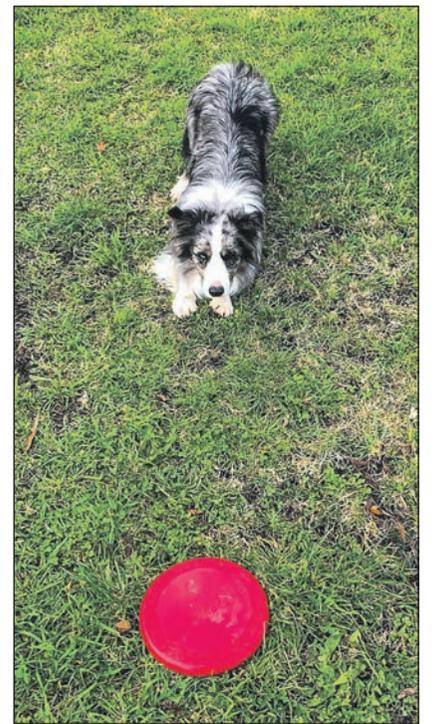


Image: David Aitken

Comment: *Go on, throw it.*



Image: Kevin Russell

Comment: *In search of hope.*



Image: Stan Mansas

Comment: *I say hope, Maureen says dreaming.*



Image: Paula Templeman

Comment: *Remember when?*

Image: John Spring

This unusual viewpoint image of an empty courtyard seating area at Malmesbury with its covering of autumn leaves exemplified the coronavirus shutdown and economic and social sadness that all small country businesses were faced with. The simple but unusual image has to be looked at intensively as it is not recognised immediately—an inquiring mind is needed to first understand the image perspective and second to realise there is a deeper meaning of neglected despair, but still offering beauty and hope for the future.



Image: Osija

Anolak

Comment: *Wandering the streets of Manchester, England, last year I walked into this little church and from where I stood, I saw the Birth to Death. Two statues, one from the back of the church and the other in the front behind the altar. To me that showed HOPE of life from birth to death.*



The sound of silence

And now, the quiet of the country and the quiet of the city street are falling on either sides of the COVID-19 divide. Wherever you may be, the air of expectation and reality that wraps around your shoulders has a different feel to it. The wondering of what sound will break the silence – distant calls or close shuddering – rises in the day like a new dawn.

At this stage, I'm still on the side of the lesser lockdown. If I drove a few kilometres south down the Calder I'd enter the restricted zone, where people can leave home for but four reasons only: shopping for food, medical care and caregiving, exercise and recreation, and study or work – if they can't do it from home.

The air by necessity must carry less sound. The city and the suburbs are muted by this battle against an enemy we cannot see except by its victims.

The silence is more than the absence of sound. It is the absence of life as we knew it and took for granted.

The angle of the light, the depth and breadth of the sky, the repose or restlessness of the mind – all these merge into the quietude. Where the hustle and bustle once was, now the strangeness of less noise and different rhythms have insinuated themselves again. The common noises of life have changed, and with that the daily familiar soundtrack is paused while another is running at a tempo also unknown. And what can you hear in silence but the heart beat and the mind's words

REFLECTIONS

with Warwick McFadyen

huddle and parade, swim, float and sometimes sink?

For now, the stillness of the country and the city are different beasts. The placement of borders around Melbourne and surrounds has accentuated this divide.

The poet Rainer Maria Rilke wrote: "Since I've learned to be silent, everything has come so much closer to me."

But his was an inner world. His life was the shell on the beach listening to the ocean. Our world is the world coming into us constantly. We have friends we've never met. Thanks to technology our home is always open. The volume is always turned up.

Perhaps now though, a greater introspection can be heard – at least for a little while.

Rilke also wrote on solitude and acceptance. "The necessary thing is after all but this: solitude, great inner solitude. Going into oneself and for hours meeting no one – this one must be able to attain. To be solitary, the way one was solitary as a child. Think of the world you carry within you."

It's the gathering of these worlds that make a society, each orbiting the other.

Holding hope in a coronavirus world

Today is a far cry from what we hoped for and expected from 2020. After Australia's disastrous summer of bushfires, the upheaval of the COVID-19 pandemic has seen serious social and economic effects for us individually and collectively.

At a time like this, it's important we rethink our goals to create and maintain hope. Research shows both mental and physical health deteriorate quickly when we don't have hope.

To have hope, it's vital that we feel a sense of meaning in our lives. In recent months, two things that give our life meaning – work and connections with friends and family – might have been disrupted.

Many of the things we looked forward to – from holidays to going to the theatre to simply having dinner at a restaurant – were off, in favour of staying at home.

Many people have lost their jobs and businesses, and almost 1.5 million Australians are experiencing mortgage stress. All of this brings uncertainty and throws our plans into jeopardy.

To work through grief and hopelessness, we need to modify our goals to ensure they're realistic within the "new normal". For example, you might have been saving for a big family trip. But now – due to financial or travel restrictions, or both – it will be more realistic to plan a holiday in a nearby caravan park.

It's important to focus not only on long-term hopes, but on the short term too so we can see what's achievable and important to us now.

Important things – such as family, friends and career – are unlikely to change, but we may need to find new ways to connect with loved ones or feel accomplished in our jobs.

We can even think about setting goals daily. How can we do something to enact our values each day? If this all feels like a lot, setting a goal such as going for walk during the day can give us space to reflect.

Over recent months we've seen communities around the world generating hope. In Europe, people played music on their balconies and here in Australia, volunteers established kindness armies to support vulnerable members of the community.

Throughout history, hope has risen from ruins. Out of this pandemic, too, we can be hopeful and even dream of a better world.

Source: www.generationnext.com.au

Health and wellbeing information packs

COVID-19 has been a challenging time for all of us. Anxiety and insecurity can be heightened for those who do not have access to up-to-date information or community support.

This information can be found on the internet but not everyone has the internet or a computer.

A Health and Wellbeing Information Pack can be posted to you or to someone you know who may need the information.

The pack contains information on how to prevent



the spread of the virus, healthy cooking and keeping active at home, keeping mentally well, food and financial relief services, staying connected and supporting children and families.

If you would like an Information Pack posted to you, please call Macedon Ranges Shire Council on 5422 0237 or email recovery@mrsc.vic.gov.au (Recovery Operations Centre)

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A frozen meter or pipe can stop your water flow

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Ryan Alexander, manager of Hardy's and Gisborne UFS pharmacies, presents Jenny Barnes of the Gisborne Foodbank with a cheque for \$2,000.

Pharmacy donates \$2,000 to Foodbank

Member-owned healthcare organisation UFS Dispensaries, which operates two pharmacies in Gisborne, has donated \$2,000 to Gisborne Foodbank.

It is part of a total of \$50,000 donated by UFS to emergency relief services to support people in communities where it operates affected by the pandemic.

The chief executive officer of UFS Dispensaries, Lynne McLennan, said, "We are making these donations because there are families who are not eligible for the government's pandemic safety net payments, who are not able to work and have no means at all of putting food on the table, or paying their rent ... It's more important than ever now to support these members of the Gisborne community to ensure they can maintain good health."

Jenny Barnes, president of the Gisborne Community Care Foodbank, welcomed the donation and said it would go a long way in providing food assistance for those in need in our community.

The Gisborne Foodbank is open on Wednesdays and Fridays from 10am to 3pm. If you need assistance putting food on the table, please contact the Gisborne Foodbank on mobile 0492 850 520, drop in on Wednesday or Friday, message them via their Facebook page (@GisborneFoodbank), or visit their website (www.gisbornefoodbank.org.au).

Centenary of Rotary in Australia

The first Australian Rotary Club opened



when the Melbourne club was chartered in April 1921. Shortly after, a club in Auckland was chartered in June.

Since that time Australian and New Zealand Rotarians have undertaken community works and raised millions of dollars to help their local communities as well as disadvantaged communities internationally.

The Rotary year runs from July 1 to June 30. This year we celebrate our centenary with a variety of signature projects to acknowledge this milestone.

Rotarians are ordinary citizens like you and me who collectively work to make a difference. Why not be one of them and join us?

This year the theme is 'Rotary Opens Opportunities': Opportunities to help those suffering from poverty, disease and illness; Opportunities to enhance and improve our environment and make a better world. Rotary strives to 'End Polio Now' and we are close to that goal.

Gisborne Rotary meets at Wine O'Clock in Aitken Street, Gisborne, on the first and third Tuesday of each month at 7pm for supper and a glass of wine. Drop in and say hello.

Richard Stewart

Samaritan's Purse boxes ready for filling

As in past years, small gifts and clothes are now being collected and filled into boxes for needy children overseas, ready for collection at the end of October.



The provided Samaritan's Purse boxes are now available or a covered A4-size shoe box may be used.

To collect a box or for further details, please contact Elaine Millar on 5428 2522.



A mock-up of the planned facility.

Lions contribute to skin cancer project

The Gisborne and District Lions Club has recently contributed \$2,000 towards the acquisition of a Lions Mobile Skin Cancer Check and Awareness Facility to provide free services to remote and rural areas across Victoria and Southern NSW.



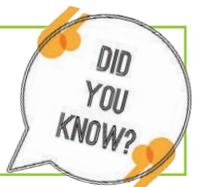
Australia has one of the highest skin cancer rates in the world. This is nothing to be proud of. Lions have identified a distinct need for such a facility to operate in remote areas and towns not serviced, or fully serviced, by dermatologists or other skin specialists. The free services will be directed especially to those that are disadvantaged when it comes to seeking access to dermatological services.

If you would like to make a donation to the Lions Club to help it continue to assist those in need, contributions can be directed to the club via PO Box 807, Gisborne, 3437 or to Account: Lions Activity A/C BSB: 633 000 Account No: 152262994 Description: *Insert Name of Donor.*

The Lions Club has remained connected with its members during these trying times by its monthly meetings held via Zoom on the first Thursday of each month at 7.30pm. Please phone 0419 318 615 if a member of the community would like to attend one of these meetings and/or learn more about Lions.

Russell Walker OAM

Did you know Gisborne has the third-highest rate of animal collisions in Victoria, based on analysis of insurance claims.



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COVID-19 update: We have video conference call facilities. Call and make an appointment

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Tips to avoid winter pipe problems

Western Water is reminding residents to take care of their pipes this winter. With cooler than average temperatures occurring across the state, Western Water says customers need to be extra careful to avoid blockages.

"Throwing fats, oils and grease down the sink at any time can cause issues," Western Water's acting chief operating officer, Paul Clark, said. "But during winter, problems can happen much quicker as fats harden faster in cold temperatures."

People can avoid issues by following a few simple steps, says Western Water.

"Only flush the three P's — pee, poo and (toilet) paper and never pour fats, oils or grease down the sink. Wipes, even ones that say 'flushable' on the



packaging, should never be flushed."

Western Water also recommends that residents cover their meters during colder weather.

"Water meters and pipes that are exposed to frost can stop your water supply and in the worst-case scenario the pipe can break," said Mr Clark.

"To prevent this, cover your meter with a blanket or container the night before frosts are predicted."

Web: westernwater.com.au



Avoid frozen pipes – cover your meter

A local's answer to frozen pipes

Have you recently moved to the Macedon Ranges and found that on icy mornings you have no water?

Gazette distribution manager Maxine Barker moved here more than six years ago and got a water meter cover at a local plumbing store. She says, "We leave it on all year round and the water meter person can still get into it to read the meter."

People in the area have come up with a variety of ways to protect their pipes from freezing. Maybe something to ask your neighbours next time you run into each other?



The dumpling session on July 25 was a lot of fun.



Dumpling fundraiser continues this month

Come and learn how to make northern Chinese dumplings from scratch and raise much-needed funds for Gisborne Secondary College Chaplaincy on August 22 from 10.30am to 12.30pm.

\$80 per person includes a complimentary beverage. Bring your friends or family, have some fun, and take home delicious dumplings for dinner. 100% of profits will be donated to Chaplaincy.

You can secure your spot by emailing Bronwyn on sbtacey@bigpond.com or by calling 0417 028 605. Maximum 10-12 people.

We look forward to your support.

Bronwyn Tacey

GSC Chaplaincy Committee



Should we renovate or sell? What is my property worth?

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Young Voices continue to Zoom into song

Although it was planned for Young Voices of Macedon to return to live rehearsals at the Norma Richardson Hall in Woodend in Term 3, it has proved necessary to extend the Zoom arrangement until restrictions in Greater Melbourne are lifted. Several of our choristers and Emma West, one of our teachers, live in Sunbury and are thus experiencing lockdown.



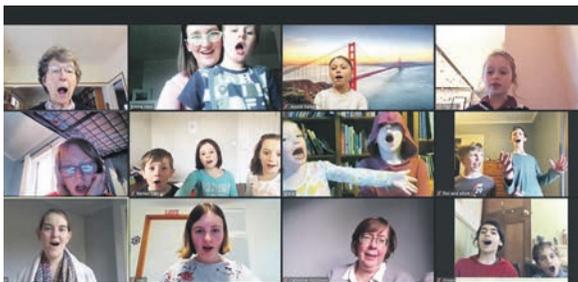
Disappointing as this is, the teaching staff has become remarkably proficient in the development of alternative teaching strategies to accommodate the drawbacks of Zoom rehearsals, and our children have adapted magnificently, taking increased responsibility for learning choir songs at home. At the end of Term 2, which was entirely Zoom-based, the choir had mastered several songs including some very challenging material from the Captain Noah jazz cantata.

We are well on the way to making a CD of our 'iso' efforts, a project of which our singers will be very proud and which will remain a life-long memento of a very strange period of choral singing.

At this stage we are hopeful of resuming short live rehearsals in late August.

New members are very welcome. Our experience this year has confirmed that the experience of singing in a group (even if virtually) at challenging times such as this is very good for children's wellbeing.

Web: yvmacon.org.au



Young singers join in song over Zoom on July 16.

Special craft for those you love



Items produced by members for grandchildren and family members. From left: Gayle Moore's hat and dress for her granddaughter, Anne O'Brien is weaving a blanket for a grandson, Maureen Shepherd knitted this full collection from 200g of Finn wool.

The Macedon Ranges Spinners and Fibre Group has continued to keep connected and productive since they last met in early March. A weekly email filled with news and photos of items produced helps everyone to keep focused.

Some have met with three or four others from time to time, which has been a personal boost. As a continued caution, our contact is maintained by phone chats, texts and emails. Of course, the Gisborne Gazette is appreciated for sharing local news!

All members are producing items filled with love

— for family, friends and those in need. One member spun the wool from her own sheep, dyed it, knitted and personalised a warm garment — produced with love in each stage for a beloved grandchild. Australia Post comes in handy when unable to visit and deliver personally.

We are fortunate to have local outlets for yarn (shop front and mail order options) and welcome all who have the time, inclination and loved ones needing warm woollies to join in crafting.

Heather Parry, 0400 805 921

Players gather history for 50th anniversary

Although productions are at a standstill at the Mountview Theatre, there is still action taking place by our Historical Group. They are gathering and collating information, stories and photographs to put together a book to mark the players 50th anniversary in 2022.

There's lots of history on file but we are putting out a call to anyone who may have something to add by way of information or photos that will be of interest.



A multitude of productions, one act play festivals, celebrations and indeed tragedies have paved the way over the past 50 years, so it will indeed be a time to celebrate and remember!

Please contact Karen Hunt via email at karenhunt405@gmail.com if you have something you would love to share.

See you at the theatre...one day.

Karen Hunt



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GISBORNE CWA



There is still a lot of reading, crosswords and jigsaws being done and take away coffees with a walk in the park, as we haven't been able to get back to meetings yet.

A few of our members normally attend Tai Chi classes at the community health centre but have been practising in the park over the last few weeks which has got us out of the house for an hour or two.

The op shop Opportunity on Hamilton has been inundated with donations and customers since it reopened. Some of our ladies volunteer there on Tuesday, Wednesday or Thursday from 10 o'clock to 3pm.



Phyllis Gillett
Photo: Osija Anolak

Gisborne CWA was very sorry to hear of the passing of past member Phyllis Gillett. Phyllis had been a member at Preston before joining Gisborne for 13 years. She was well known for and proud of her beautiful embroideries, winning many prizes at our creative arts competitions. She also gave lessons to Edie, Val and Osija on embroidery techniques which helped with their projects.

Christine Edwards, 0437 953 253

MACEDON CWA

It seems that winter's icy fingers are not the only grip with which we have to contend.

The COVID pandemic now seems to have cast a shadow upon us all, and I am reminded of the CWA Collect we repeat when we gather.

We are reminded to be done with fault finding and leave off self-seeking, never be hasty in judgment, and always generous. Let us take time for all things; make us grow calm, serene, gentle. May we realise that it is the little things that create differences; that in the big things of life we are one. May we never be hasty in judgment, and always generous, and put into action our better impulses, straight forward and unafraid.

Never have these ideas been more important to share than during uncertain times. While most voluntary community groups are suspended, there are many small acts of kindness and generosity, including not making hasty judgments, that we can all do.

I urge our readers to take care of themselves, spend some time outdoors in daylight, walk or exercise daily, eat well and give extra time and love to those with whom we share our lives.



Jenny Strang
Jenny

Lemon recipes

Here are some seasonal recipes using lemons. For those who have a productive lemon tree at hand, don't forget to feed your tree if you want a good crop.



RICH LEMON BUTTER

2 whole eggs or 4 egg yolks
Rind of 2 lemons
Juice of 3 lemons
250g sugar

Beat eggs with sugar. Place in saucepan with lemon juice and butter. Stir over low heat until consistency of honey. Add rind. Seal in clean jars and keep in fridge for up to one month.

LEMON CHUTNEY

| | |
|------------------|---------------------------|
| 4 large lemons | ½ teaspoon cayenne pepper |
| 4 large onions | 1 tsp mustard |
| 125g raisins | 1 tsp salt |
| 500g brown sugar | |
| 500ml vinegar | |

Slice onions and lemons finely, sprinkle with salt and leave overnight. Drain well, put in a saucepan with other ingredients and bring to a boil. Cook for 1½ hours stirring constantly. When lemons are tender seal in clean jars.

Kindly provided by Jenny Strang



Bank thanks frontline workers

Bendigo Community Bank Gisborne continues to look for ways it can support the people of Gisborne, Macedon and Riddells Creek at this challenging time.

To thank local frontline workers in a small way for all they are doing to keep our community healthy, our children cared for and learning, and our households supplied during the pandemic, the branch distributed

1000 coffee vouchers to staff at local schools, kindergartens, childcare centres, pharmacies and supermarkets in June and July.

We thank the local cafes who participated in the program and hope it brought you some additional trade as well.

If you have an idea of how your local community bank could support your town, please tell one of our

branch staff or volunteer directors, or email mrcepublicrelations@gmail.com.

Bendigo Community Bank Gisborne returns local profits to the community through biannual grant rounds as well as other support initiatives.

The next grant round opens on September 1.

Bank Customer Relationship Manager Daniel Barre presents coffee vouchers to Coles staff in July.



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Singers reflect on achievements

During COVID-19 restrictions and subsequent cancellation of group practice, members of The Gisborne Singers have had plenty of time to reflect on the choir's past achievements.



New president Kitty Skeen lists her highlights as the moving Sir Karl Jenkins' *The Armed Man* in 2015, a fuller than full house for Handel's *Messiah* in 2016, the trip to New York in 2017 to perform at Carnegie Hall, the addition of the children's choruses in 2018 and 2019 (including the Australian premiere of Sir Karl Jenkins' *Cantata Memoria*), and finally the Women of Note Anniversary Concert in 2019 where many choirs workshopped and performed together at the Ulumbarra Theatre, Bendigo.



New Singers' president
Kitty Skeen

Alongside Kitty, the new committee is vice-president Emily Shanahan, secretary Wendy Foster, treasurer Katherine Wilson, and general members Marg Murphy, David Flentje, Anita Santic, Adrian Simpson and Alison Kinghorn.



The choir presented Handel's *Messiah* to an over-full house in Kyneton in 2016 and had been hoping to repeat the performance this year.

It is predicted that performances will not recommence until next year but rehearsals may be possible later this year. In the interim the committee will be starting the difficult search for a replacement musical director for their beloved Stephen Brockman. Updates are available on our website and Facebook page. If you're interested in joining the choir, please go to www.gisbornesingers.org.au

Alison Kinghorn
Kitty Skeen



Probus profile: meet Anne and Michael O'Brien

Michael and Anne met in Ballarat and married in 1984, creating a step-family of five children aged from seven to 12 years. Michael pursued a career teaching VCE biology and mathematics and Anne in nursing, whilst they grappled with raising five teenagers together. They survived, and in 1996 moved back to Melbourne for six years while the children established themselves as young adults.



Seeking a rural lifestyle, they bought a small farm near Newstead. They lived in Castlemaine while Michael taught in Kyneton and Anne continued nursing at Castlemaine Hospital. At the same time, they put in many long hours establishing an olive grove on the farm while a house was being built. They finally moved onto the property to farm goats and participate in farm stay hosting, although still teaching and nursing.

Michael and Anne retired and later moved to Gisborne in 2013 where they established a wonderful garden together. Their shared interests include the Gisborne Garden Club, exercising and walking, delivering *Gazette* newspapers and Probus. Michael discovered artistic talent and studies botanical art, whilst Anne has continued a love of spinning and recently discovered weaving and other crafts.

Michael and Anne joined Gisborne Probus in 2014, volunteered for the committee soon after and became office bearers in 2017. Michael became treasurer. He has enjoyed the challenge of learning new skills and has proven to be outstanding in this role. He recently set up the technology required to see the club into the future. Anne became newsletter editor and has produced the monthly bulletin for over three years. They have enjoyed working closely with and getting to know others on the committee. The club has certainly benefited from the many hours contributed by Anne and Michael.

Woodend Art Group restarts classes

Though our studios are currently closed, we anticipate restarting classes and workshops in August.

Carol Carter will be holding Life Drawing on the first Saturday of the month.

Maria Dee will have a sculpture workshop.

Margaret Morgan will run an Acrylic Pouring workshop on Saturday August 29.

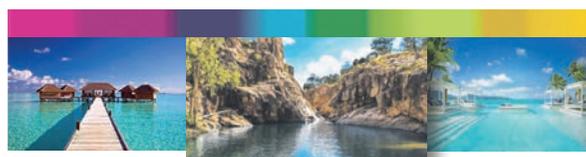
The executive was to meet at the end of July to further discuss the resumption to norm.

While in isolation the Tuesday Group, under the guidance of Mave Robinson, has been issuing a newsletter depicting the paintings etc that the members have been working on; this has been a wonderful initiative which has helped in keeping members connected.

Margaret Watkins, Secretary
(Isolated in Mitchell Shire)



Acrylic colouring by Margaret Morant



Joanne McFadyen
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Adventures of Little Wooden People



One of Karlana Santamaria's COVID projects has been a Facebook page following the adventures of three unemployed art mannequins during the pandemic.

Karlana said "I had the mannequins on my shelf as I always intended to learn to draw people. When lockdown first happened, I started posing them for my nieces, aged six and nine, as a bit of fun from their aunt. My kids think I've dumped them for Little Wooden People as I can take as many photos of them as I want and they never complain about the poses I put them in."

Karlana is heavily involved with The Mount Players and also volunteers at a local op shop. For more photos, search Little Wooden People on Facebook or little_wooden_people on Instagram.



Climbing the (big!) steps up from the Stanley Park waterfall at Mt Macedon.



Hanging around one of their favourite places, now way too quiet.



On the swing



Social distancing



Bin night



Enjoying a walk by Jackson Creek in Gisborne



Finding new ways to keep the mind busy at home



Relaxing at Sanatorium Lake



BETTY'S BOOP

With Betty Doolan

After being in lockdown I was a bit worried about what I would find when I went out to do my banking and shopping. In the food hall, tables and chairs were missing and tape covered seats. It looked so different. And I missed my lovely hug from Terry. He hugs everyone while his wife Bev looks on. I am quite happy to be in lockdown at The Elms.

I have a lot to tell you. Staff and residents had a pyjama day. Harrison (Superman) had old-fashioned striped PJs and carried a little grey bear called Bingo. Julie was all in pink, Merina wore a lovely silk dressing gown she had bought in Japan. A T-shirt read "Bad hair don't care". Looking around I was a bit confused whether I was meant to be going to bed or whether I had just got up.

Sadly three of our wonderful staff have left The Elms—Jill MacDonald was our pastoral care worker, Anna MacQueen was for many years in the Lifestyle Enhancement Program and then moved on to be our quality officer. Anna did both these jobs with a smile and was always pleasant. Irene Icely also left after 38 years. I was sad to see Irene go—when I first came to the hostel Irene helped me so much and I will always be grateful.

A special lady named Sandra Turnbull makes fidget rugs: knee covers that have different things sewn on them and you can use your imagination. The residents love these colourful rugs so on behalf of us all, a big thankyou.

Our cooking ladies made an afternoon tea to be remembered—pancakes with jam, cream and strawberries.

On Sundays Oaks residents have been receiving a small pamphlet—"online resource for morning prayers" from the Anglican Parish of Gisborne. In these worrying times this little pamphlet (no matter what religion you follow) is a great comfort to so many. Thanks for this kind gesture. Stay safe,

Betty

Sign of the times



For some time now Shedman Terry has been managing a project building a very large noticeboard frame for the Friends of Gisborne Botanic Gardens.

Because the Men's Shed was closed for a while due to COVID restrictions, after finalising design details with the Shire Council, the individual components were manufactured in Terry's own shed, with the assistance of fellow Shedman Paul. The final assembly and painting was recently carried out in the Men's Shed.

The Council is managing the installation of the frame and, weather permitting, by the time you read this it should all be in



Shedmen Terry and Paul work on the sign.

place.

The rising number of coronavirus cases in greater metropolitan Melbourne has been of great concern to us. Because most of us are in the "at risk" age group we've decided to once again close the Shed until

the news is better. So if you see a Shedman aimlessly wandering the streets, be kind because he's lost his second (or first?) home for the time being. We're now back to relying on digital connection with each other. Fortunately we're all pretty good at that.

MRH to provide home care services for younger people

The State Department of Health and Human Services selected Benetas to deliver the Home and Community Care Program for Younger People (HACC-PYP) in Macedon Ranges Shire from July 1 this year.

Benetas's community health provider, Macedon Ranges Health, which has been a longstanding provider of local health services, will supply this

service to community members in the region. Program coordinator Bernice Mathers looks forward to providing quality services to clients in the region.

HACC-PYP aims to help people aged under 65 and Aboriginal people aged under 50 who need assistance with daily activities, including personal care, dressing, preparing meals, house cleaning, property maintenance, community

access and using public transport. Clients may require this assistance due to physical and/or psychosocial impairment related to disability (for which they are not eligible for the NDIS), chronic illness and short-term health needs.

Macedon Ranges Health can assess your eligibility. For more details please call 5428 0300 or visit mrh.org.au/HACC-PYP



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Take care of the pearly whites

The first week of August is Dental Health Week, this year using the tagline 'How much sugar is hiding in your trolley?'

Let's be honest, who gave any thought whatsoever to visiting the dentist once the COVID-19 restrictions started to ease? Certainly not me, preferring to use the excuse of COVID to avoid the dentist at all costs.

Doctors all over Australia, including in the Macedon Ranges, have been reporting that people have been neglecting existing or potential health issues due to the fear of venturing out during the pandemic, and I would imagine that visiting the dentist has been even lower on the must do list. So, here's some food for thought.

Research has shown that poor oral health leading to tooth decay and gum disease might play a role in some diseases such as endocarditis, cardiovascular disease, diabetes and pneumonia and might also be linked to eating disorders, certain cancers and immune system disorders. These are pretty compelling reasons to remember to try not

A regular article about general health



By Julie Ireland

to neglect your oral health in light of everything else that is going on in the world at the moment.

How can you protect your oral health? You're probably doing most of these things already, but it doesn't hurt to be reminded. Brush your teeth using fluoride toothpaste at least twice a day (those of you who might remember Mrs Marsh and her piece of chalk, will know that the fluoride "does get in"), floss daily, eat a healthy diet, limit food with added sugars, avoid tobacco and excessive coffee consumption (the coffee is a hard one for me!) and schedule regular check-ups and cleaning with your dentist.

We are very fortunate in the Macedon Ranges to have many, many great dental clinics for you to choose from, so don't put off going to the dentist (like I did for 10 years), start looking after your oral health now and set up good habits for life.

Take care of yourselves everyone.

Youth summit highlights need to look after yourself

From July 8 to 10, I participated in the Magic Moments Youth Leadership and Business Online Summit, along with more than 100 other young people from across Australia and the world.

The summit has been running for more than 10 years and is usually a five-day event in Sydney, where 14-17-year-olds learn about leadership, entrepreneurship and health through a range of activities and guest speakers. This year, due to current situations, it was a free, three-day online summit.

Many inspiring guest speakers shared their life stories, and we were taught a variety of skills related to goal setting, communication, positive self-talk and much more.

We also got to connect with other young people from all around Australia and the world. My biggest takeaway from the summit was from Anna Richards, a professional network marketer and speaker, who advised us to look after ourselves: "Move like you love yourself. Eat like you love yourself. Think like you love yourself. Do anything like you love yourself."

This was my first year participating in the summit, and I am looking forward to going to the live event next year. I would strongly recommend the Magic Moments Youth Leadership and Business Summit to young people who want to learn and connect with new people.

Natalie Port, 16

BREATHING...

...for your health

Focused breathing, deep breathing in particular, has been medically shown to reduce anxiety and depression, lower/stabilise blood pressure, increase energy levels, improve muscle relaxation and decrease feelings of stress.

Recent events have turned our lives upside down in one way or another. This can cause us to become anxious, tense and stressed. Focused breathing can reverse these symptoms and create a sense of calm in your mind and body. When you breathe deeply and slowly, you activate the parasympathetic nervous system, which reverses the stress response in your body. Deep breathing stimulates the main nerve in the parasympathetic nervous system—the vagus nerve—slowing your heart rate, lowering your blood pressure, and calming your body and mind.

...for your mind

Deep breathing can help calm and slow down the turbulence of mind that many of us experience throughout the day. It can have an immediate effect of bringing clarity and peace into a chaotic mind. Try it when you are in a stressful situation. Breathing can also be a tool for increasing your focus and ability to listen. By using your breath to bring your mind into the present, you also improve your ability to actually hear and not just appear to be listening. Use your breath to maintain your focus and attention to your friend/family member/colleague.

...for your soul

You may have heard this before: The people who say they are too busy to meditate are the ones who need meditation the most. The truth is that we could all use breathing basics to bring ourselves—our bodies, our minds—back to our truest selves. A couple of minutes a day being still and aware of your breathing, you can tap into this. If you can, spend time outdoors. Breathe in the fresh air, sit quietly for a while, contemplate your surroundings, and feel a wave of gratitude for being alive.

How to breathe

1. Inhale through your nose, place your hands on your belly to feel it expand. Try to inhale for a count of five.
2. At the top of your breath, hold briefly, then exhale fully, letting go of the thoughts and toxins that no longer serve you. Try to exhale for a count of five.
3. Repeat at least five cycles of breath.

Adapted from wanderlust.com by Sacred Heart College



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WHERE IS IT?



Have you noticed this line of mailboxes on your travels? Find out where they are on page 39.

Youth group looks at impact of corona through 14-year-old eyes

This month, we thought we would take a look at the climate we are living in through the lens of a young person.



As many of our participants are in secondary schooling, it is interesting to see how they have coped with coronavirus and the changes that come with it. We spoke to Kit, 14 years old.

What has been the hardest change in your life because of coronavirus?

Not getting to see my Pa as much. He is in his 70s so in the risky group.

What has been the biggest positive change in your life because of coronavirus?

That I was able to do school at home. I've been asking to be home schooled for a few years and I really loved being home and doing my school work. My anxiety going to school can get really bad so I was much more relaxed seeing people via Zoom. But my Mum keeps telling me it's important to be around my peers and I have some great friends.

What do you miss most about KidzFlip?

All my friends there. I can't wait until we can all get together again.

What would you say to someone considering joining KidzFlip?

It's a good place to be because people won't judge you on anything.

For more information about KidzFlip info@kidzflip.org.au and Facebook

Tamara Collins

Autism: what does it actually mean?

Health Talk

with Dr Umair Masood



Autism Spectrum Disorder (ASD) is a neurodevelopmental disorder characterised by two things: Persistent challenges in social communication and interaction, and restricted, repetitive patterns of behaviour, interests and activities.

For autism to be diagnosed, these symptoms must be present in early childhood. It may only become apparent when social demands exceed the capability of the child, therefore it is hard to predict at what age they might get diagnosed.

Incidence

- Prevalence of autism in Australia is one in 70 people
- Autism is three to four times more common in boys
- Siblings have a 10-20% chance of also being diagnosed with autism
- 30-45% of children with autism can have an intellectual disability
- As many as 50% can have ADHD
- Up to 30% may have epilepsy
- Up to 25% are also associated with genetic syndromes.

Causes

We still do not have a good understanding as to how exactly autism happens. Genetic factors are certainly implicated. Abnormalities within the brain and its development have also been associated with autism. Advanced parental age plays a part too.

There is also some suggestion that environmental factors such as infections and toxins can be a cause. There is absolutely no medical evidence to support the notion that childhood immunisation causes autism.

What can you notice in children with autism?

Children with autism may display some but not all of the following features: There might be limited interaction with other children and interactions may be to only get needs met. There may also be a lack

of imitation of actions, such as clapping. Getting too close to another person's personal space, without realising the discomfort it may be causing is a feature. Lack of eye contact when speaking to someone, gazing too intently or gazing at another part of your face when talking to them can happen. A child with autism might push another child to gain their attention instead of speaking to get their attention.

They also fail to understand gestures and facial expressions by others who are talking to them. A lack of language use in context is also common. There might be repeating of words, difficulty initiating conversations and difficulty understanding the meaning of what is being said. These issues make it hard to maintain or have friends.

Specific and repetitive behaviours are also a part of ASD. This may manifest itself in toe walking, swaying, rocking or hand flapping. Repeating phrases they may have heard is also common. When frustration sets in, self-injurious behaviours may also be noted such as head banging and self-biting. Children with autism also seem to have restricted and specific interests, such as trains or cars for example. There might also be a preoccupation with unusual objects such as a vacuum cleaner or a chair.

Pain thresholds may also be higher. There may be refusal to eat certain foods due to the texture and also preferring other foods due to their texture. Hypersensitivity to loud noises is also common. There may also be issues with learning which usually gets noticed at school.

In conclusion

Parents or teachers may notice something is not quite right. If there is a concern, seek a medical opinion. Investigating for ASD may involve all or some of the following: hearing tests, eye tests, psychological assessment, speech therapy, occupational therapy, your GP, and a paediatrician. The assessment and diagnosis may take some time.

It is important to understand there is a spectrum of severity with ASD and every child with autism is different. Early intervention can certainly help the child in their development.

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WHAT'S ON AT THE LIBRARY



Thank you to our amazing community for being so accommodating to the constant changes to the library service. We began in June with a 'click and collect' service and have gradually opened for browsing again; it has been so good to see so many familiar faces back in the library!

If you know anyone who can't make it into the library, due to health concerns or whatever, let us know and we can get in touch to make other arrangements for them.

We are trying to keep our hours consistent but with the constant changes this is sometimes a bit difficult to staff. We have decided to close daily from 12:30 to 1:30pm for lunch to help manage this.

For now, the library's hours of operation will be Monday to Friday, 10am to 4:30pm (closed for lunch 12:30-1:30), and Saturday 10am to 12 noon. We will keep you updated on our website and Facebook page of any changes.

ALIA – Australian Library and Information Association

To support libraries that are now open, ALIA has launched the #MissedMyLibrary campaign. We would love to hear from you and get you to fill in a survey and share with us what you missed most about your local library.

Was it access to books? The friendly staff? The computers? Free wi-fi? Or did you miss having a relaxing place to sit and just be? We'd love to know. www.surveymonkey.com/r/LibraryAtHome

WHAT'S ON IN AUGUST – ONLINE EVENTS

Bookings are required for both of the following events at www.eventbrite.com.au/o/goldfields-libraries-9805186189

Science week – Australian Indigenous astronomy. Tuesday August 18, 7-8pm

Kirsten Banks is a Wiradjuri woman with a passion for space and astronomy. She is doing a PhD in astrophysics and loves to share her passion for the universe and amazing insights into Australian Indigenous astronomy with others. This presentation offers the opportunity for Q&A and is suitable for all ages.

Please note: This session will be run using Zoom. You will need an internet-connected device to participate. A session link will be emailed to you after you have booked your ticket.



Georgina Smith delivers a Facebook Live storytime complete with green hair to help keep kids engaged.

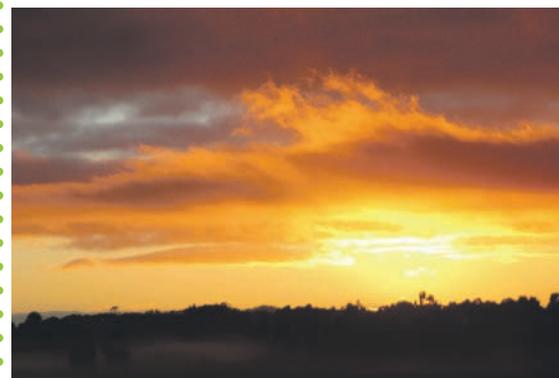
Introduction to Be Connected – August 20, 10-11am

Join our guided tour of the 'Be Connected' portal and discover life online. A treasure trove of interactive learning activities, training, web apps and how-to videos aimed at increasing online skills and confidence for people aged over 50.

Groups will be small and follow-up help provided. *We have been successful in our grant application to Be Connected for the lending of internet-enabled devices to people in our community over 50 who would benefit, and who currently don't have access to a device. The loan would be for three months. If you know someone who could use a device to practise on, please get in touch. Email beconnected@ncgrl.vic.gov.au Stay safe everyone.

Sara Bryant

Early bird catches the colour



Gazette photographer Chris Fleming captured this gorgeous sunrise just before 8am on July 5.

Genealogy: A great way to keep your mind active

Usually at this time of year I am letting you know what the Gisborne Genealogical Group has planned for August during Family History Month. Alas, this year our scheduled 'Celtic Day' has had to be cancelled due to COVID restrictions.



The good news is that all our speakers have already been booked for next year.

Just when repositories were starting to reopen, they have been forced to close once more.

Again there is a glimmer of good news. The State Library of Victoria is continuing to allow free online access to the Library Edition of ancestry.com.

So, make the most of this opportunity to access ancestry if you don't already have a subscription to it.

However, for novices, do be aware that you always need to check information on ancestry.com, especially if you are using other people's information.

I was sad when the latest series of *Who Do You Think You Are?* finished recently. It was something I looked forward to each Tuesday evening.

Everyone's story is so different, unique.

Our ancestry is one of the few things in life we cannot change. If you think tracing your family history looks easy, take note of the long list of credits at the end of each program of *Who Do You Think You Are?* to see all the people, resources and repositories that were used to put together a one-hour program.

Genealogy is not easy, but it is very satisfying — and a great way to keep the mind active during these trying and uncertain times.

Lyn Hall



Lyn Hall

BIRDS OF THE MACEDON RANGES



▲ Male wood duck

Pictures from the Ron Weste Collection



Female wood duck ►

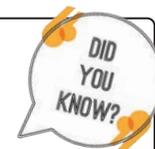
Wood duck – Sometimes known as the maned duck, this species is found near water throughout Australia.

Families of them can be seen locally on the ground eating grasses and seeds. They are rarely seen on water. The male has a distinctive dark brown head whereas the female's head is a lighter brown and she has a white stripe above and below her eye.

Wood ducks nest in tree cavities and the female lays up to 11 eggs. When the young birds are big enough they jump from the nest to the ground.

Families of wood ducks will be out and about soon so while driving be careful to watch out for them as they often graze along roadsides.

Going back eight generations, most people will have a whopping 256 ancestors.





Liam says traffic at the Mt Macedon Trading Post is constant.



David appreciates everyone who supports the Macedon Chippy at this tough time.



Mani at Red Door Cafe says the support of his regular customers keeps him smiling.



Brie and Molly are busy taking pizza orders at Sopranos.

Friendly foodies keep us sane

The *Gazette* popped into a range of local eateries again this month to see how they are going. The best way the community can keep hospitality staff smiling is to keep frequenting their businesses.



Zoe and Sarah provide service with a smile at Subway.



Sachin at Brumby's says bread and rolls have been popular during the pandemic. The bakery is happy to donate baked goods to the Gisborne Foodbank every week.



Lou, Rosa, Maria, Lina and Govind are ready for business at Gisborne Pizza & Pasta. In late August the business will move along Aitken Street to where Emperor T'ang has been, which will enable rear access for deliveries. Lou has waited nearly five years for such an opportunity and looks forward to serving the local community for years to come, as "Gisborne customers are top!"



Karla, Colette, Adrian, Hannah, Lily and Luke prepare for the Friday night onslaught at Doonie's Diner.



Sylvana gets ready for evening trade at the Hot Spot.



Josh and Liam are kept moving at Gisborne Fish Shop.

Kindergarten update

The State Government will continue to reduce the cost of the funded kindergarten program during the COVID-19 pandemic, with funding of \$230 per enrolled child for four-year-old kindergarten in Term 3. This is in addition to the free kindergarten which families received in Term 2.

Four-year-old kindergarten will remain free for those who have a Commonwealth Health Care Card or Pension Card, identify as Aboriginal, or hold a refugee or asylum-seeker visa.

Council takes its lead from Victoria's Chief Health Officer and the Australian Health Protection Principal Committee who have advised that early childhood education and care services can continue, with risk-mitigation measures in place.

Registrations for three-year-old and four-year-old places in 2021 are filling fast. To register your child, visit mrsc.vic.gov.au/kinder-rego and complete the online form.



Help me get a name

Council is still looking for a name for its new bin mascot who will appear at schools and events around the shire in coming months as appropriate.

To enter the competition and have the chance to win a compost bin or worm farm, visit mrsc.vic.gov.au/bin-mascot

The competition closes on August 14. To find out more, call 5422 0333 or email mrsc@mrsc.vic.gov.au

Preparations begin for Council election

Council has begun preparations for the 2020 election, which will be held by postal ballot on October 24.

Thinking of standing as a candidate?

If you are thinking of nominating yourself, consider attending one of the candidate information sessions to be held in August and September.

Mandatory candidate training

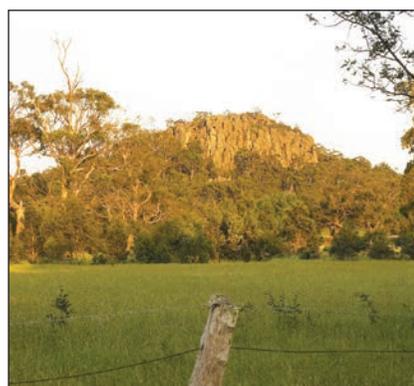
It is a new requirement in 2020 that anyone wishing to nominate as a candidate must complete a mandatory training session prior to nominating. Local Government Victoria is developing an e-learning module that will be made available from late July to mid-September for prospective candidates to complete.

For more information, and to register for optional information sessions or mandatory candidate training, visit mrsc.vic.gov.au/elections

You must be on the electoral roll if you are 18 or older, are an Australian citizen and have lived in Victoria for at least one month. Enrol by August 28 to be eligible to vote in this year's election.

To enrol or update your details, visit the Victorian Electoral Commission's website vec.vic.gov.au

For more information on the election period, information sessions, candidate training and key election dates, visit mrsc.vic.gov.au/elections



Review of Rock management plan

Work on the implementation of the 2018 Hanging Rock Strategic Plan is continuing with the appointment of ecological consultants to review and update the Hanging Rock Environmental Management Plan produced in 2015.

The EMP will continue to guide future conservation and environmental management of the Hanging Rock precinct and will help inform the finalised Hanging Rock Master Plan in 2021.

Stakeholder briefings and workshops will form part of the evaluation process and there will be opportunities for the wider community to provide input at key points along the way.

For more information, visit mrsc.vic.gov.au/hanging-rock, call 5422 0333 or email mrsc@mrsc.vic.gov.au

NEW GOVERNANCE RULES AND REVISED ELECTION PERIOD POLICY OPEN FOR COMMENT

Community feedback is invited on Council's new draft governance rules and revised election period policy.

The rules and policy are requirements for all Victorian councils under the new Local Government Act 2020.

Chief Executive Officer Margot Stork said the rules and policy outlined the ways in which Council conducted its meetings and those of its delegated

committees, elected the mayor and deputy mayor, operated during the period prior to an election, and how conflicts of interest were to be declared.

To view the draft governance rules and revised election period policy and have your say, visit mrsc.vic.gov.au/yoursay before 5pm on August 11.

For more information, call 5422 0333 or email mrsc@mrsc.vic.gov.au



COUNCILLOR'S COLUMN

With Cr Mandi Mees

It has been a challenge keeping up with the changing COVID world. I hope you and your family are keeping well, and that the 'return to school' routine is starting to settle in to offer some sense of normality.

The council website publishes the latest updates on where residents and businesses can ask for support, including financial support, at www.mrsc.vic.gov.au/Live-Work/Healthy-Living/Coronavirus, and which community services and facilities are available, including libraries, pools and fitness facilities.

Extra steps are also being taken to reach out to the community, as best we can, during consultation periods on new policies, planning scheme amendments, the draft Gisborne structure plan, the draft reconciliation action plan and support initiatives to assist business recovery. If you can't get online to have your say, please call 5422 0333 or write to PO Box 151, Kyneton 3444 for help.

A big thank you to all 48 submitters who provided submissions to the 2020-21 draft Council Budget Report, Draft Strategic Resource Plan and Draft Council Plan. At the Submitters Committee Meeting on July 8, submitters expressed a strong interest to invest in public open spaces, recreational facilities and walking and cycling. All great ideas that are being worked on for presentation of the final Budget Report in the near future.

Take care in these unusual times, and contact Council or your councillors if we can help in any way. If email is easiest, you can log ideas, feedback and queries at mrsc@mrsc.vic.gov.au



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MACEDON MUSINGS

With Belinda Carlton-Doney

How exciting to have another new addition to the Macedon Village group of businesses. Welcome to the Macedon Lounge. You may already know owner Gary from the Mocha Leaf Cafe in Riddells Creek.

On July 16 Gary and his team threw open the doors and welcomed guests to the Lounge. He even gave us a celebratory free coffee! The opening was a great success, complete with a sunny but crisp day. Inside was warm and welcoming, filled with happy smiling locals. (Yes, social distancing intact). I love the fairy lights outside

Macedon Lounge will initially be open for all-day breakfast, brunch and lunch, seven days a week, from 7am. By mid-August, they will be opening for dinner also.

So, what type of food can we expect? Gary says they have "modern Australian" food, think steaks, burgers and the like. Got a sweet tooth? Don't worry, they've got you covered with a selection of desserts. The Lounge is licensed with a focus on local wines. You can have a drink at the bar or in the beer garden, or even outdoors on the veranda. Plenty of seating to choose from.

Gary and the team are community focused. They aim to support local businesses by buying local produce whenever possible.

The Macedon Lounge is also available to cater functions or events. You can find them on Facebook and Twitter-search The Macedon Lounge, or phone 5426 2386.

Here's to the last month of winter and a warm cafe to see it out in!

Take care, stay safe all.

Mysterious driveway to nowhere

In a paddock between Fersfield and Willowbank Roads in Gisborne, a once-grand driveway sits in splendid isolation, starting nowhere and going nowhere. Edged by oak and elm trees and hawthorn hedge, the driveway sweeps around from north to south. Each beautiful old tree along its length bears a silver ID tag. Neglected sets of ornamental gates stand at two points in the long drive.

The heritage-listed driveway once formed the approach to Willowbank homestead, first occupied in the 1860s by William Kerr Thomson. He was a partner in the Melbourne hardware firm of James McEwan & Co. Thomson had a new brick house built on the property in 1878 and that house still stands, now known as Fersfield and reached via Willowbank Road.

The driveway now rises out of the grass about 60 metres in from the Fersfield Road fenceline and ends in a swathe of long grass about 100 metres from the homestead at the Willowbank Road end, subdivided off from its original destination.

It is not recorded who planted the driveway, whether it was the Thomson



Part of the heritage-listed driveway as it is now.

family or a subsequent owner, but newspapers of the 1860s-70s make mention of the Thomsons' impressive Willowbank garden.

The name Fersfield was bestowed on the property about 1922 by Melbourne accountant Arthur Bloomfield and his wife Ada. They bought the farm after a short-lived occupation by state MP George Meares.

The Bloomfields used the farm as a summer residence and were known to entertain members of the English aristocracy at the homestead as well as Melbourne and Mount Macedon society A-listers. In their time the house was surrounded by at least five acres of gardens, shrubbery and orchards.

In 1941 when the reputedly

imperious Arthur Bloomfield left after the death of his wife, the property totalled about 40 hectares (100 acres). It was bought by barrister Evelyn Leigh Atkinson and his wife Doris who were there until around the mid-1950s.

In recent decades it has been progressively subdivided and filled in and what now remains is the paddock and the protected driveway.

A few years ago a subdivision of the paddock, promoted as Fersfield Estate, was planned but suspended after Cultural Heritage Management Plans were requested by the council for developments in the area.

These plans have now been completed and works on this and neighbouring developments have been given approval to restart.

Pip Butler



Fersfield (Willowbank), built for WK Thomson in 1878 by contractors George and John Whiteoak. Australian Heritage Council image, undated



GROWN A LITTLE DURING LOCKDOWN?

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Loved mentor of community health service

OBITUARY
Noel Fitzpatrick
1945-2020

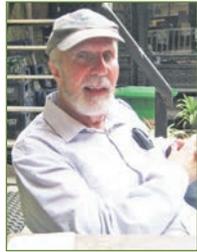
Noel Fitzpatrick arrived in Gisborne in 1995 when he was appointed the inaugural Chief Executive Officer of Macedon Ranges Health Service (MRHS).

Noel's leadership saw a period of significant change with MRHS formed through the amalgamation of The Gisborne and District Bush Nursing Hospital, The Oaks (nursing home), The Elms (hostel) and the Gisborne and District Community Health Service.

Noel brought all of these entities together to form a cohesive hub within the community, with resident and patient care always at the forefront.

When the board closed the hospital in 1997, there was uncertainty for staff and the community. Noel worked to ensure that staff received the support they needed to transition to new roles, including encouragement to undertake study to facilitate changes to work roles.

Noel's former staff recall him as someone who was much more than a CEO, and also a mentor and friend.



Noel Fitzpatrick

They said: "he allowed staff to fly and would always be present with his thoughts and ultimate guidance"; "he thought laterally and made things happen".

He led by example and would roll up his sleeves to cook on the barbecue, clean the kitchen and play Father Christmas at the Christmas party.

Noel always had an open door for staff and families and encouraged all to contribute. He ensured that there was engagement with Macedon Ranges Health Service across the whole community. As part of this, he encouraged people to become volunteers at MRHS and some of these volunteers went on to work there.

He started the first Men's Shed in Gisborne, which provided a place for men to find support together.

Noel had a strong focus on the wellbeing of aged care residents, and was happiest in his career when he was able to make a difference. As well

as ensuring quality systems were in place overall, he loved engaging with residents directly, and was often seen accompanying groups of residents out for coffee to ensure they remained connected with the community.

He established a lifestyle program in the old hospital building with a focus on activities and community participation for community members and residents of The Elms and The Oaks, which was presented at conferences around the nation for its innovation.

Noel had a love of life that was infectious. Many will recall his 'secret garden' that he built from scratch, tales from his travels within Australia and across the globe, his focus on his family and his ability to connect with people young and old.

His favourite motto, which was printed in his office, was 'don't fix the blame, fix the problem'. His legacy within Macedon Ranges lives on and his contribution to the community continues to have an impact through the many people who have benefited from his mentorship.

A life well lived, and a contribution well made.

Therese Fitzpatrick

KNOW YOUR VICTORIA No 3
 Answers to Crossword Page 38

- Across**
- 3. Morwell
 - 5. Ballarat
 - 8. Port Melbourne
 - 9. Bright
 - 13. Warburton
 - 14. Chiltern
 - 16. Talbot
 - 17. Yea
 - 18. Sea Lake
 - 20. Terang
 - 21. Maldon
 - 23. Bonnie Doon
 - 24. Halls Gap
 - 25. Beeac

- Down**
- 1. Tidal River
 - 2. South Melbourne
 - 4. Corryong
 - 6. Frankston
 - 7. Marlo
 - 10. Yackandandah
 - 11. Ballan
 - 12. Tankerton
 - 15. Geelong
 - 19. Mildura
 - 22. Lorne



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Memories of Bullengarook

Keith Flack arrived at Bullengarook as a child in 1918 when his father Charles took up management of Bullengarook Estate. The family were there until 1922, when they moved to Gisborne to manage Mount Gisborne.

Keith wrote this memoir about 1982.

Researched and edited
by Robin Godfrey

PART 1 of 2

In the period mentioned, practically all the population of Bullengarook was of Irish origin; in fact it could be said of that period, Bullengarook was a piece of Ireland hidden away in Australia. The Irish brogue, the superstition and wariness (especially of Protestants) were the principal elements in their makeup. Individually, they were kind people of simple means, and hardworking, for they had to exist on the very limited returns of their labour.

At that time, Bullengarook Estate was situated upon the largest portion of the best soil in the district. The fully cleared land ended at Mount Bullengarook and Haire's Hill. From those two locations to Carnegie's Hill properties consisted of small clearings bordered by forest and dense stands of silver wattles, heath and various types of shrubs. The soil in the latter area consisted of light loam and gravel and, until the use of artificial fertilizers; it was of limited production value.

I will attempt to the best of my ability and memory to describe the people, industry and ambitions of the period, commencing at Holloway's Hill and journeying towards Gisborne.

Jim Holloway lived at the foot of the hill which was given his name. His property straddled the Gisborne-Bacchus Marsh road, his rudimentary residence being situated on the south side. Most of his property was part of the steep Goodman's Gully area. The main source of income was from dairying — his wife, being a good rabbit trapper, supplemented their income from the sale of rabbit skins. Jim did not believe in hard work and was especially resistant to walking up and down that steep terrain.

At the north of the top of Holloway's Hill lived Mick Wills, a man of Prussian descent. He was quite a character especially when charged with schnapps after



Bullengarook homestead



The road to Bullengarook from Gisborne

a visit to Bacchus Marsh or Gisborne. Mick was illiterate and had a violent temper when aroused — he was also a woman hater. He milked twenty cows and trapped rabbits for his living. Being a very good hand at woodwork and ironwork, he possessed an abundance of tools in both of these trades. He made most of the items required for his own use and, if approached in the proper manner, for other people. He was also a good gunsmith and possessed around 20 firearms. He had some differences with the brothers Tom and Josh Holloway, who lived on the other side of the road and ... he was known to have fired a few bullets through their roof.

Mick Wills was evicted from his property. His parents had mortgaged their property and after their deaths, Mick did not appreciate that he had to keep up the repayments. The police from Bacchus Marsh timed the eviction for when he was milking his cows — first making sure that they had seized all of his firearms before dumping his possessions and livestock on the roadside. The poor old man was bewildered and heartbroken at being thrown out of his home — he called to seek the help of my father until

he could obtain another property. He was given the use of a paddock for his cows while he himself lodged with Tom Riley, a bachelor.

While Mick bided his time to obtain a property, he took to making butter for sale. The churn he used was of the oblong box tumble type, turned by handle and manufactured by Cherry & Co of Gisborne. Whenever the butter took too long a time to make, Mick angrily declared that the curse of the women was the cause. The same applied to a poor tally of rabbits, when his dog went missing or when his horse sweated profusely after a wild drive home from Gisborne. Several months after his eviction, Mick gained a property and his war against women abated.

Jack and Tom Holloway and their sister Joanne lived on south side of the Gisborne-Bacchus Marsh road at the top of the hill. They, like their father Jim, were dairy farmers. Joanne also raised a few pigs, grew potatoes and oaten hay. Their round haystacks complete with thatch were a touch of old Ireland. They possessed one of the few reaper and binding machines in the district; also a working horse for driving their chaff cutter.

The adjoining property on the south side was owned by Mick Carroll. It consisted of a paddock with a single-roomed hut. Mick used to graze a few sheep and cattle. Further along was a property owned by Bill Gorman and, like the former property, it had a single room hut. Bill grew some lucerne on a small flat by the creek and ran sheep on the property. There was a tunnel on the property which had been driven by miners in their search for gold. On the north side of the road opposite Gorman's property was a paddock owned by the Flanagans and used for the grazing of dairy and dry cattle.

It was to the Bullengarook Estate that we came from Goroke in April of 1918. At the time of our arrival, the property was owned by Thomas Skene who resided at Sandringham in Melbourne. My father was the manager of the property. Prior to Mr Skene, the property was owned by a Mr [Alexander Fullerton] Mollison in the early 1900s..

The house at the time of our arrival was said to be 70 years old but I don't know who built the original part or additions. Nor do I know the extent of the property when the house and additions were built, because one paddock on the property was then referred to as the old homestead paddock. Several chimneys and some brickwork together with a mulberry and several pear trees marked the site of this early residence. The entrance to this early home was probably from Spotswood Lane. The homestead that existed in 1918 had originally been built of stone and roofed with slate. The original stable and carriage house, complete with a loft, was built of the same materials. The fireplaces in the house were fitted with marble mantelpieces. The kitchen had, in addition to a large cast-iron oven, a brick oven for bread making.

At some later date, additional rooms had been added. The rooms were of weatherboard and, probably at this same period, the stables, woolshed, mews-hut and two free-standing shelters were built. These buildings were also of weatherboard construction; the stables were floored with stone and they were complete with feed and harness rooms.... Between the house and original stable was a weatherboard meat house. Most of the stable area was enclosed by a four-rail fence, while the two free-standing shelters were enclosed by a five-rail fence.

The homestead was surrounded by
Continued next page

Memories of Bullengarook

From previous page

elm and oak trees and an orange tree grew on the south side of the house near the brick oven. Between the stables and the road was a small plantation of wattle and pine trees. The wattles were a blaze of yellow when in bloom and we frequently saw will-of-the-wisps gliding about the trees at night; their erratic movements and whitish light gave an eerie effect in the darkness.

Along the bank of the gully at the front of the house, numerous fruit trees produced good yields of Kentish cherries, damson plums, figs, walnuts, almonds, and mulberries. The nut trees attracted large flocks of crimson rosellas and cockatoos when the nuts were ripe; likewise two pear trees, south of the house, provided a feast for many varieties of birds.

The whole property was overrun with rabbits. In the evening when the rabbits came out of their burrows, the whole sides of gullies appeared to move. There were grey rabbits, black rabbits, yellow rabbits, white rabbits, and piebald rabbits, also rabbits with fur about three inches long. The last mentioned were of a bluish color or black and, for a reason not explained, were referred to as French rabbits. During the first year, we were witness to a campaign of fumigation, digging and poisoning to reduce the numbers.

The estate at that time was mainly used for wool growing and lamb-raising. It was on this property that the first machine shearing of sheep in the district took place in 1918. In 1919 the property was sold to a Mr Anderson and then a year later to Mr Albert Hobbs.

Part 2 in September edition.

Historical Society gives its own history

During the 1960s, two historical groups were formed: Gisborne Historical Society and Mount Macedon History Group, which was a sub-committee of the Mount Macedon Horticultural Society.

Gisborne Society members met in private homes, sharing family documents until they secured one room in the Gisborne Court House for storage of larger items.

Mount Macedon History Group members met and housed their collection in the Mount Macedon CWA Hall, but when all was lost in the Ash Wednesday bushfires of 1983, they moved meetings to the Uniting Church Hall and later to the Horticultural Hall and began to collect and accession photographs and documents from the immediate area.

Following many discussions and securing a 'permanent' home at the Gisborne Court House, the two societies



Part of the Court House precinct: lockup at left, stables in the centre distance, and the Court House.

amalgamated in 1992 to form the Gisborne and Mount Macedon Districts Historical Society Inc.

At this time, the combined group had a membership of 20. The society currently has 65 members.

Since that time, the society has created the heritage precinct including the Pioneer Wall and surrounding areas paved with rock donated by VicRoads

from the original National Hotel complex at South Gisborne, before it was covered by the freeway.

The stable and the lock-up have been made available to the public free of charge as a static museum and a sound and light exhibit.

Society members have worked regularly to accession and index most donated documents, have indexed and stored in archival albums more than 11,000 photographs, encapsulated numerous maps and posters of local areas, created a members' lending library of local and historical topics and produced for sale several local history books, as well as performing research for people far and wide.

Although currently closed, society members have continued to respond to research enquiries and provide the History Page and the 100 Years Ago columns for the *Gazette*.

A passion for harness racing

OBITUARY

John Alan Robinson 1954-2020

John was born at Bacchus Marsh in October 1954 to Jean and Alan Robinson. He grew up in Gisborne, attending Gisborne Primary School, and his secondary education was at Niddrie Technical College.

After John finished school he became interested in harness racing which was to become a lifetime involvement – as an owner, trainer, driver and breeder.

Sadly John passed away on 29 April 2020 at the age of 65.

Based in the Rockbank and Gisborne areas prior to moving to Coimadai, John followed in the footsteps of his father Alan 'Doonie' Robinson, owner of the brilliant

George Gath-trained horse Heroic Action. John began his career with George and Brian Gath and would work with numerous trainers including Alf Simons, Bob Mickan, the Abrahams family and Clinton Welsh. John would also go on to have his own considerable career, training 77 winners from 681 starts and driving 69 winners from 665 starts.

Among the most successful horses he trained were Shepparton and Warragul Cups' winner Jane's Law, Wedderburn Cup winner Bold Counsel and Arco Belino, a multiple-time winner at Moonee Valley.

Following full-time involvement with



John Robinson

his horses, John worked at Toll, based in Port Melbourne, from 2000 as manager/supervisor and was employed there for 18 years, retiring in October 2018.

John had many friends throughout the harness racing industry and was highly respected by his work colleagues at Toll.

John is survived by his wife Kaye, son Blake, siblings Sissy, Andrew and Jane and his extended family. He will be deeply missed by all who knew him, not least for the endless stories he told and his love for the mighty Bulldogs.

John was privately cremated and due to current COVID restrictions a memorial will be held in his honour at a later date.

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This Spotted Pardalote was snapped in an ironbark tree in Gisborne Botanic Gardens in June.

Spotted!

On a wander through the Gisborne Botanic Gardens in late June I chanced upon this Spotted Pardalote in the foliage of one of the trees in the maturing Ironbark Avenue. This avenue was planted by the Friends of Gisborne Botanic Gardens in November 2015, so it is still to reach its full height potential of 10-30 metres.

The (red) Ironbark (*Eucalyptus sideroxylon* ssp. *tricarpa*) is classed as a medium-sized tree. It is most easily identified by the deeply-fissured red bark of its trunk and greyish foliage. These trees were once common in the Macedon Ranges, but because their wood is very tough and durable it was highly valued as construction timber and firewood, and as a result of overharvesting and land-clearing it is now 'rare' in the Macedon Ranges. In fact, you are probably more likely to see one in a home garden than in the bush.

The Spotted Pardalote (*Pardalotus punctatus*) on the other hand is one of the smallest of all Australian birds at 8-10 centimetres in length and one of the most colourful. Although moderately common in all reasonably fertile parts of Australia, it is most often high in the tree canopy and seldom seen closely enough to enable identification. They forage in the foliage of eucalypt trees for insects, especially psyllids, and the sugary exudates (crystallised honeydew) from leaves and from the psyllids themselves.

Psyllids are tiny sap-sucking insects which attack mostly Australian native plants. They are one of the most primitive insect types within the category of 'true bugs'.

Importantly, the pardalotes maintain a balance of psyllids, ensuring the trees are not overly infested, thus ensuring healthy ironbarks in the botanic gardens.

Louise Minty, Friends of Gisborne Botanic Gardens
infogisbotgard@gmail.com



Ruminations on pruning and princes

GISBORNE GARDEN CLUB



The coronavirus has taken a jump again and seems to have put the curse on outdoor club meetings. Though it's too early to tell as I am writing this, current social distancing regulations may restrict us for longer than anticipated; unless you are notified otherwise, your committee has decided that club meetings be suspended until October.

Nevertheless, there will always be something for you to get stuck into. I am moved to quote Prince Charles, the renowned vegetable grower in England, from the book of *Garden Lovers Quotations*: "To get the best results you must talk to your vegetables". (Prince Charles, b. 1948)

I for one am looking at how much more I can prune in the garden. The roses are due for a haircut, though I appreciate that many of you have been getting ahead of the game and got busy with the secateurs even though many roses still have flowers, indeed buds.

Speaking of hanging on; I am surprised by some of the oak trees in Gisborne still showing some green leaves.

For many of us, including now me, the volume of

the green bin has become the limiting factor for our pruning efforts. Strangely, there seems to be no trouble filling the green bin for most gardeners.

My hedge of magnolia grandiflora will be a new challenge for me. The flowers from last summer have now developed into fruit, producing seed for future propagating.

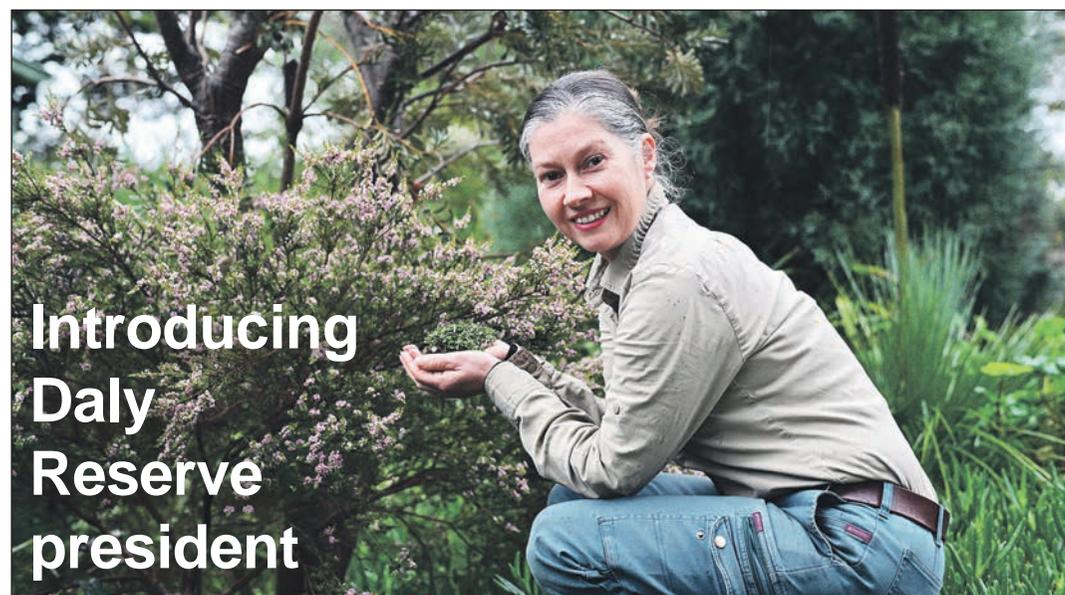
For those who can afford the luxury of professional gardeners (who can produce green waste far in excess of the capacity of your green bin), consider constructing your own compost bins.

In combination with all those autumn leaves you have been busy raking into a pile, use these with layers of your green weeds and the odd sprinkling of fertiliser such as Dynamic Lifter to make a beautiful compost for rejuvenating your vegetable beds in spring.

And lastly, Joan Nathan has the following tip to clean your windows: Use Morning Fresh and some dishwashing machine rinse aid in the washing water then just hose off, no need to use a blade, they dry sparkling clean. Great to look out of while isolating!

For information on the club contact me on 0424 038 474 or sucher01@tpg.com.au.

Bernhard Sucher



Introducing Daly Reserve president

Amanda Gauci in her Gisborne garden.



We would like to introduce our president, Amanda Gauci.

Since moving to Gisborne in 1983 Amanda has shown her passion for the environment by becoming actively involved in local groups including Friends of Gisborne Botanic Gardens and the Federation of Environment and Horticulture in the Macedon Ranges. She also cares for birds and possums, being a registered wildlife carer.

Amanda's involvement in Friends of Daly Nature Reserve has been invaluable. Her keen eye often spots rare and interesting flora that many others would pass by. As part of our school nature walks program and garden development with 1st Gisborne Scouts, Amanda has enthralled young children with

her down to earth knowledge and hands-on approach. Currently furthering Conservation and Land Management studies at Bendigo TAFE, Amanda still finds time to run her own gardening business.

Please note we have put our working bees on hold for the time being, until we can feel safe from COVID-19 concerns.

Like many other groups and clubs our AGM will be held by 'virtual' mode this year and will be on September 5. All financial members will be notified in good time to ensure they are involved in the process.

For general enquiries, membership and payment of annual subscriptions: please use our email: dalynaturereserve@gmail.com

Irene Perkin



Winter and dogs, rats and cats

Vet Talk with local vet
Dr Caitlin Horwood-Skelton



You know it's winter when your otherwise enthusiastic canine covers under the covers rather than leap up to join you on your morning walk... your feline friend positions herself over the heating duct or in perilous proximity to the open fire, tail flickering in somnolent delight... and there are rodents.

Mice and rats sneak into our homes in winter for the paradise we offer: food, warmth and shelter.

If you are using "rat baits" to eradicate a rodent problem, be aware that these products also pose significant risk to the cats and dogs inhabiting our homes.

Rodenticides (mouse and rat baits) typically contain an anticoagulant toxin which interferes with the blood's normal clotting function.

When the rodent eats and digests the bait, it succumbs to internal bleeding

resulting in death. Unfortunately baits may also be eaten by an inquisitive pet.

Bored or playful dogs may dig out rat baits that you had scrupulously hidden, and cats may find a mouse — sick with rodenticide — and exhibiting their natural predator instincts, set upon, and eat the poisoned rodent. The rat poison will then act upon a cat or dog in the same way, to disastrous effect.

If you suspect your pet has eaten rat bait, or a poisoned mouse, don't panic.

This is a slow-acting poison, but it certainly needs veterinary attention. Get help from your vet.

This may be in the form of blood tests and administration of specific antidotes, or in severe cases may require hospitalisation, blood transfusions, and intensive care.

Dogs and cats die from the use of rat and mouse baits.

If you cannot guarantee their isolation and disposal, consider other forms of rodent control. Don't let the 'out of sight out of mind' concept of rat baits hide their potential dire consequences for your pet.



More adventures of a dog called Max

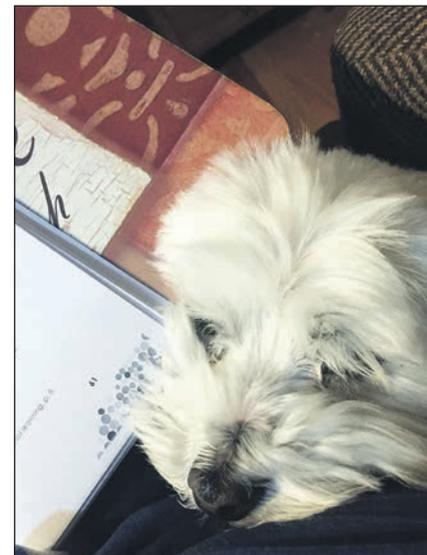
Oh no! It's bath time...help!

I'm so embarrassed! After the doggie master has dried me off, I look all fluffy and to make things worse, the female dry-nose has put that damn tartan bow tie round my neck.

I look ridiculous! I'm not a Scottish terrier, I'm a Maltese terrier! I think I'm going to have an identity crisis! And there is no way I'm going out in public looking like this!

The other dogs will laugh at me. I'm going to lose my rep with Rex. Who knows what the French poodles are going to think! And Caesar will have a field day teasing me (he's the German shepherd down the road).

That's it! I'm having a hissy fit. I'm going to sulk ... I'm lying down next to the doggie master on the sofa while he reads a government research paper on how to improve educational outcomes. If dogs could pout, I would be doing that right now! I'm the laughing stock of the doggie world! I can hear the neighbourhood dogs



A sulking (clean) Max.

barking right now...spreading the news. Don't you dare put the photo of me wearing that bloody tartan bow tie in the *Gisborne Gazette*! What have the dry-noses done to me? And after all I've done for them!

Growl!.....

CAT CURFEW REMINDER



All cats within the shire must now be confined to their owner's property from sunset to sunrise. In addition, cats and dogs are prohibited from en-

tering Council's most sensitive environmental areas; locally these are Gisborne Marshlands and Mount Gisborne Bushland Reserve.

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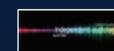
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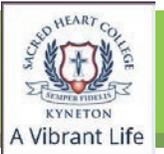
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INDEPENDENT



JOKES & RIDDLES

- What does an elephant do when he hurts his toe?
He calls a tow truck
- What's the favourite meal of nuclear scientists?
Fission chips
- What do you call a boy named Lee that no one talks to?
Lonely
- How does an Eskimo build a house?
Igloos it together
- What invention allows you to see through walls?
Windows
- What is the best year for a kangaroo?
A leap year
- What do you call a fish with no eyes?
A fsh
- Who was the fastest runner?
Adam, he was first in the human race
- What's bright orange and sounds like a parrot?
A carrot
- What did the bee say to the daffodil?
Hey bud, when do you open

Can you find 10 differences between the pictures?



QUIZ

- 1 What is the name of our galaxy?
- 2 Name Victoria's longest river?
- 3 What did Alexander Graham Bell invent in 1877?
- 4 Which Australian state is the largest in area?
- 5 What nationality was Mozart?
- 6 How many teams are there in the AFL?
- 7 A male elephant is called a bull, what is a female elephant called?
- 8 In which Australian state is Mt Kosciusko?
- 9 What is the Aboriginal name for the feature named Ayers Rock by Europeans?
- 10 Who is the Governor of Victoria?

My Top 5 best meal ideas

As the nights get colder and you can't go outside, the only thing I like to do is cook dinner. It's fun and can teach you life lessons.

I think I have developed a love for cooking through the Kitchen Garden program at New Gisborne Primary School. We have our own little garden in which we grow vegetables and fruit and we must care for the plants and look after them. When they are ready to pick, we make a special dish using the fresh produce that we grow.

It's really fun as we have to cook it with the oven by ourselves. I have gathered a list of my favourite recipes to cook for dinner.

1. Carbonara is my personal favourite dish and it is very warm and filling. You can even have it for leftovers and it still tastes the same! It's quite easy to make and it's delicious. Sometimes I put broccoli in it and that makes it even more yum. Carbonara is a creamy-based dish with either spaghetti or fettucini.

2. My second favourite meal is spaghetti and meatballs. This dish is reasonably quick and easy to make



YOUNG BEAT
with Asher Kroon

and requires beef mince, tomato paste and vegetables of your choice.

I prefer to have the carrot and zucchini mixed in with the beef meatballs.



Asher's devilled sausages

3. Coming in at number three is devilled sausages. I developed a love for this dish because my Nana would often make it when we visited her. This dish is again very simple and quick to make and is super yum.

It consists of sausages, tomato paste, and some mashed potato on the side. However... there is a secret ingredient that my Nana has shared with me. If you add a few sliced apples it can create a sweet yet savoury taste. I've made this dish a few times and I love it!

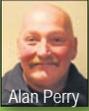
4. The next winter warming family favourite is lasagne. This is a bit complex as it has many steps so mum and dad generally make it for us. Our recipe is quite different from the traditional Italian style as we make it with less mince but more vegetables including mushrooms, squash, celery, zucchini and tomato. The secret ingredient to this dish is homemade bechamel sauce. The supermarket brand just doesn't cut it!

5. My last dish is a dessert. It is chocolate mousse and anyone of any skill level will be able to master this. It's very simple and easy to make. This dessert is the perfect thing to eat after a nice hot lasagne.

These are my top five favourite dishes. You could maybe even cook a few of your own?

ANSWERS

1. The Milky Way
2. Goulburn River
3. The telephone
4. Western Australia
5. Austrian
6. Eighteen
7. A cow
8. New South Wales
9. Uluru
10. Linda Dessau AC



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SCHOOL'S IN



Indonesian teacher on visit to New Gisborne

New Gisborne Primary School has been very fortunate to have Putri, a teacher from Indonesia, visiting us. Students from all year levels have had the opportunity to work with Putri and learn more about the Indonesian lifestyle firsthand.



Putri has been reading to the Foundation students who love listening to her accent, she has been assisting Year 1 students with their farm animal and pet work, she has talked to the Year 2 students about school in Indonesia and has played 'Saya pergi ke pasar' (I go to the market) with the Year 3s.

She has taught the Year 4-6 students how to play a popular traditional game called 'Congklak'. It can be played indoors or outdoors by two people at a time. It is a game of strategy and it has been wonderful to see our students really concentrate and think about their moves.

Putri has been teaching small groups at a time and those students have then been successfully teaching others in the class.

Terima kasih Putri!



Year 5s Seamus and Charlotte play the Indonesian game, Congklak with Putri.



Above: Year 3 students investigate food vocabulary with Putri.



Right: Putri teaches Year 1 about animals.



**BULLENGAROOK
SPECIALIST SCHOOL**

Students of the Bullengarook senior campus of Sunbury and Macedon Ranges Specialist School are enjoying Term 3 as the school continues to operate normally through the COVID period, in line with government recommendations.

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St Brigid's opens a can of worms...

St Brigid's is excited to be back to school. The middle and senior students are thrilled to start their



Explore Galore program. Students get to spend a whole day on one specialist activity: performing arts, sport, Japanese through Sustainability or art. Explore Galore is so much fun.

"In Japanese through Sustainability the Year 3 and 4s have been working on making a World of Worms, which we call W.O.W for short."

"We have used recycled materials to make this and we were lucky enough to receive a grant to buy our worms and worm farms from the Macedon Ranges Shire Council for which we are very grateful."

"We have really enjoyed learning about worms

and how they help us be more sustainable and reduce our waste. Even during Remote Learning, we created our own mini worm farm to investigate worms further.

We created our worm farm to reuse our food scraps and reduce our waste to landfill."

"We have also been working on a song and video to educate our school community about how our worms are a really important part of our garden." – (Sebastian Wozniak, Jade Murone and Xavier Thornton)

Let's hope the awful virus is contained and we can continue onsite learning during Term 3 in our schools in the Macedon Ranges. We at St Brigid's really hope everybody is staying safe and happy in these times.

Eden Fennesy, Year 6 School Reporter



"We have really enjoyed learning about worms."



Charlotte Peavey, Olivia Kimmins and Azahria Penza deliver the letters and treats to Gisborne Oaks.



A staff member welcomes Anne-Marie Conte and the students at the Oaks.

Holy Cross social justice team organises letters for the Oaks

Last term our Social Justice Group met and spoke about the Catholic social teachings and how they would be the drivers for any action that we undertook throughout the year.

A suggestion was made to consider the residents of the Gisborne Oaks Residential Services during this time as they may be isolated and feeling lonely if their families couldn't visit them.

Olivia Kimmins, Azahria Penza and Charlotte Peavey took on the responsibility of organising



letters to be written by Year 6 students and illustrated by Prep students.

They did an incredible job and ensured that all of the residents were able to receive a letter to let them know that someone was thinking about them and that we had them in our prayers.

We also thanked the staff of the residences for their amazing work.

I had the privilege of taking Olivia, Azahria and

Charlotte to Gisborne Oaks to deliver the letters and choc chip biscuits (all individually wrapped for hygiene purposes) for the residents and staff. They were extremely excited to receive them and very grateful.

The three girls walked away talking about how amazing they felt to have been able to do something to support others. A perfect way to end a topsy-turvy term.

God bless,

Anne-Marie Conte, Deputy Principal

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Gisborne link to 'Rocket' engine in UK

After reading Gisborne Vintage Machinery Society's article on George Stephenson and his 'Rocket' steam engine in the July edition, Ian Strachan of Gisborne provided this interesting related story.

In 1800, the first and eldest of four brothers, Peter Bretherton (c1770-1844), a coachman from North Lancashire, bought a coaching business. His action soon prompted his brothers, Francis, Bartholomew, and Joseph, to begin their own ventures into coach transportation in various parts of England. Bartholomew and Francis went into partnership until around 1813 operating out of Red Cross Street in Liverpool, and then separated into their own businesses.

The four-times-great-uncle of long-time Gisborne residents Veronica Strachan and sibling Mark Patton, Bartholomew Bretherton (c1775-1857) operated his business from the Saracen's Head, Dale Street, in Liverpool. He was quite the entrepreneur, expanding his holdings to include the Talbot Inn and Angel Inn by 1832. His coaches made journeys to London, Birmingham, Glasgow, Edinburgh, Newcastle-upon-Tyne and Carlisle, all under the banner of B. Bretherton & Co.



Bartholomew Bretherton, 1850s

Those privileged travellers who could afford the Royal Mail trip to London would be charged over 4 pounds to sit in the carriage or 2 pounds 2 shillings to sit outside. This mail coach service was elite and fast, stopping only twice to change over horses throughout the 350km journey from Liverpool to London.

In 1804, Bartholomew bought land in Rainhill, about 14km from Liverpool, where the coach horses



Nearly two centuries later, an appreciation for steam engines continues among Bartholomew Bretherton's Gisborne descendants. Veronica Strachan and Cassi ride a miniature steam train; Mark Patton and son Leigh with the Rocket in the British Museum.

were changed over on the trip between Liverpool and Manchester or London. Next to the Ship Inn in Rainhill he had stabling for 240 horses enabling him to run as many as 18 trips a day in 1822. In 1824 he bought about 250 acres in Rainhill where he built Rainhill House and later in 1838 began construction on St Bartholomew's Catholic Church.

He also built a school in School Lane, Rainhill in 1849.

The success of his business made him influential in Rainhill and hence he became very involved with the Rainhill locomotive trials in 1829, with the tracks being laid across part of his land. It was here that the early steam locomotive Stephenson's Rocket made its name. Bartholomew continued his coaching busi-

ness until 1843 and it is said that he raced one of the first trains from Liverpool to Manchester, beating it by 20 minutes.

When Bartholomew died in 1857, he was placed in the family crypt at the church he built, St Bartholomew's. His sole surviving daughter, Mary, inherited his estate, which was ultimately sold to the Catholic Church and renamed Loyola Hall in 1920.

Bernice Patton (nee Bretherton), Veronica and Mark's mother, was a major contributor to the family research and instigated the first family reunion in Victoria in 1974 for the numerous descendants of Joseph Bretherton, brother of Bartholomew, that are scattered throughout the state.

The 'Father of Railways'

George Stephenson
Engineer and inventor George Stephenson is regarded as the 'Father of Railways'. His custom rail gauge (1435mm) standard gauge used by most of the world's railways.

Stephenson was the second child of whom could read or write. Robert Stephenson worked as the fireman for water out of the Wylam Coal mine a UK. His son went to work at the mine at an early age and without formal schooling. By age 19 he was operating a Newcomen engine.

After his marriage, in order to earn extra income, George Stephenson learned to repair shoes and fix clocks. His wife died of tuberculosis, leaving him with a young son, Robert, who he pulled by Stephen named Locomotive carrying 450 people 15 miles (24km) per hour. After this, Stephenson's interests called for the line, Stephenson the violent local landlords who he things, that the rail horse-drawn tracks off the market for When the line is known as the Rainhill find the best for the line engine, the designed a son, Robert average 50 per hour (1 back in the The loco strokeback front, a cylinder, and middle, and at the rear of wooden

8km per hour. Over the next few years, Stephenson built several locomotives for the railways, and other colleagues and that coupled to 1

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Showing your Scout shirt for Parade on July 14 was a bit chilly on the arms.

1st Macedon Scouts

The Macedon Scout Hall has not yet been opened by Council so Macedon Scouts have been meeting outside in Term 3, continuing construction and environmental activities as well as enjoying time around a fire. Night hikes have also been on the program for Scouts and Cub.

Fortunately, the weather has not been (too) wet when Scouts have met on Tuesday nights or Cubs on Wednesday nights and the kids have really enjoyed being outside in nature on crisp winter nights with their scouting friends.

Newcomers are always welcome. Email us at 1stmacedon@gmail.com for information or to have your child try Macedon Scouts.



Constructing a shelter on July 21.

News from New Gisborne Scouts

At New Gisborne we are continually assessing COVID restrictions as we negotiate Term 3. We won't be meeting at the Church of Christ, but leaders are planning outdoor activities.

We continue to remind our children that their Law and Promise matter more than ever with COVID-19.

We've finalised the Phase 1 and 2 plans of our Scout Hut and soil tests are helping us plan the foundations and location. We've had wonderful funding support from the GREAT Association (Gisborne Region Events Activities & Tourism), Scouts Victoria, the Bendigo Community Bank, Church of Christ, Boral and individual donations.

Phase 1, to be completed hopefully in Term

4, is an equipment shed with a three-metre deep veranda – a home for our equipment and a space for maintenance, drying tents and packing trailers.

Phase 2 will extend the structure and verandah adding at least one more bay and an amenities block. We'd love to hear from you if you're interested in helping fund the Scout Hut.

Our thoughts and prayers continue with those on the COVID frontline and essential workers in all sectors.

Joey's, Cubs, Scouts and Venturers meet online and outdoor for Term 3. Contact Group Leader Skipper (0450 922 787, johnfrearson@mac.com) if your children would like to join in.



Local plumber and Scout supporter Cam Whittam helps with the soil tests for the Scout Hut.

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Mountain country in winter is great medicine.

Bushwalkers are feeling lucky

The Gisborne Bushwalkers have been able to resume group walks with up to 10 members at the moment, though we are sad that our Sunbury or City members can't be with us just yet.

In the freedom that we do have, we are making good use of our magnificent 'back yard' of the Macedon Ranges. Mountain country is so invigorating in the cooler weather and provides a great respite from the feelings of restriction and worry so prevalent in these times.

And the companionship, the 'talks with the walks', even with the social distancing protocol, are good for our wellbeing.



There is so much beauty to be appreciated in the winter bushland...tall trees in the morning mists, verdant foliage, peaceful rain-filled lakes and waterways, ever fascinating fungi and mosses...great photos for the taking.

New members are always welcome. Come and take us up on our sharing of our local knowledge of these walks!

Call Pierre on 0417 515 468, Janeen on 0416 052 366, Nigel on 0437 715 972, or Ashley on 0490 133 656. Or check out our website: www.gisbornebwc.org.au.

Margaret Muehlheim

Ramblers share another local walk



This is a walk without major hills, on a wide dirt road with little traffic. The walk returns along the same path so getting lost is not an issue.

Benson Road, South Gisborne

Directions: from Gisborne, drive south on Mount Gisborne Road to Couangalt Road and turn left towards Sunbury.

Turn right into Benson Road. After about 3km, the bitumen ends at a T-junction with McCorkell Road. Park off-road and begin the walk from there.

The walk starts with a great panorama towards Bacchus Marsh and the You Yangs. Continuing, there are attractive views over open countryside and ends at the junction with the Gisborne-Melton Road. The full walk there and back is about 7km.

Alternatively, it makes for a scenic drive. Continue over Gisborne-Melton Road into Chapmans Road. This leads on to Hoggs Road before joining the Diggers Rest-Coimadai Road. A right turn takes you to Merrimu Reservoir (where there are picnic tables and toilets) with great views, on onto Gisborne-Bacchus Marsh Road for the return.

Charles (gisramblers@gmail.com)

Just when we thought the COVID-19 rules were relaxing, it comes back with a vengeance and reimposes itself, tightening the restrictions. With this in mind, the Gisborne Ramblers have suspended our Friday walks until the rules change.

This does not prevent individuals or small groups walking and here is another walk the Ramblers have in their program that you may enjoy.



A fly to try at Walter J Smith Reserve

The club recently held a fly tying night on Zoom instructing and guiding members on how to tie two versions of the legendary late Murray "Muzz" Wilson's Bullen Merri Special (BMS) fly.

The fly gets its name from Lake Bullen Merri near Camperdown in western Victoria, but you don't have to drive all the way down there to use it. It can be successfully used locally at the Riddells Creek WJ Smith Reserve Lake to yield a trout or redfin to a good cast.

Natively it imitates a galaxia minnow. But it can be tied using different coloured bead heads and body material to imitate Australian smelt, the common small minnow in our rivers, lakes and streams, or even shrimp.

Tied with a dumbbell head the fly becomes the BMS Hammerhead which can be used for bream, estuary perch and other saltwater species off piers and jetties.

The fly is quick to tie, symmetrical in body shape, and somewhat translucent and shimmery in the water because of the scruffy way the body fibres are tied to show the ribbing.

As usual the club posted out the materials required to tie the fly since we are not mingling in these risky COVID times.

If you'd like to know more about the Calder Fly Fishing Association, please visit www.calderflyfishing.com.au/

Louis Bokor



Michael Kee's BMS ties.

Wow! A lesson in positivity

Overheard locally in July: "Besides my chilblains, migraines and lockdown, I'm doing fine. Y'know, life has its ups and downs and I have a lot to be grateful for."



Sponsors show hope for the future

After a long pre-season and much uncertainty, the Gisborne Football Netball Club made the difficult decision to withdraw from the Bendigo Football Netball League and the AFL Goldfields Women's competition.



Despite being hopeful that the season would get under way, the committee made the decision to withdraw due to concerns for the health, safety and wellbeing of players, their families and the broader community.

Despite the cancellation of the 2020 season, Gisborne Football Netball Club is extremely grateful for the support of all sponsors this year. Along with some wonderful long-term sponsors, it has been great to see the signing of new local businesses in the area.

The club is proud to announce Titan Premix Concrete as a major sponsor for the next three years. Titan has been working within the Macedon Ranges for more than 30 years. It has been fantastic as a sporting club to see how new sponsors have come on board despite the cancelled season.

Gisborne Football Netball Club encourages all players, and members of the community, to support these great local businesses.

Stay safe in the coming months.



Tony Brancatisano (Gisborne Football Netball Club Sponsorship manager), left, shakes hands with Adam and Lucas Trovattello of Titan Premix Concrete – third-generation family members of the business.

Skateboard skill



Kyle Sleightholm gets some aerial exercise on July 25.



Michael Dodd gets ready for the return to tennis competition at Gisborne Tennis Club on July 16.

Plenty of action at South Gisborne Tennis Club

The South Gisborne Tennis Club was not as quiet during the shutdown as one would have thought. Tradesman onsite upgrading two courts, trucks of artificial turf, sand and equipment being dropped off and the public picking up old carpet created some noise around the area.



The weather held up the court upgrade but all should be ready for start of play by early August. There is some used turf piled near the entrance of the Gilligan Reserve. It's free – come and grab some.

The club's Annual General Meeting is being held on Tuesday, August 25. At this time you may join us in a Zoom meeting, send in a proxy and nomination form or by chance face to face with limited numbers in the clubhouse.

With participation numbers increasing in all club programs we urge members, parents of our coached children and the community to consider volunteering



Richard Purcell, retiring president

some time to assist the club with its day-to-day operations.

The club's president, Richard Purcell, has tendered his resignation.

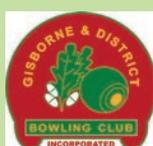
Richard has overseen many of our upgrades, policies, coaching appointments and grants that will further the club's commitment to provide an environment for all to enjoy.

Thank you, Richard!

A shout out to the volunteers who maintain our facility: sometimes we don't know who you are, but your community spirit is much appreciated and noticed. South Gisborne is a great place to live.

Gail Scott

Bowling Club thanks sponsors and members



While the Gisborne & District Bowling Club has been adversely affected by the COVID-19 restrictions, membership remains strong and supportive.

The club has worked closely with Bowls Victoria to implement social distancing and sanitising rules to allow limited bowls activity to be undertaken so

that members can keep active.

Everybody involved with the club, including sponsors, acknowledges that we each have an important role to play in maintaining our health in these uncertain times.

The club would like to acknowledge and thank the sponsors, of which there are many, for their continued support over this period.

Table tennis association celebrates 10th anniversary

The Gisborne and Districts Table Tennis Association began its first season in August 2010. We hired the gymnasium at Gisborne Secondary College. We used several methods to advertise the first season: local papers, letterbox drops and leaflets on car windscreens at Gisborne train station.

Preparing for our first season took some doing. We had to buy equipment, register with Table Tennis Victoria and organise the transport of several tables from Bendigo. We had a few enquiries from residents wishing to play but, like most opening nights, we never knew how many people would turn up to the first practice night on August 11, 2010.

My wife Kay and I prepared the gym and it looked terrific. 7.30pm came and went and no one appeared: not good. At 7.37pm our first customer walked in. She walked up to our registration table, table tennis bat in one hand, dollars in other and said, "My name is Marg, and I am here to win table tennis trophies." Marg played the next 18 seasons.

We offer two seasons a year and Marg has won many trophies with us. She recently retired to Geelong and we miss her dearly.

I am often asked what gave me the idea to start a table tennis association in



Stan and Kay Thomas started the association.

Macedon. Well, I was inspired by a gentleman called Max. I met Max in Woodend in 2009. He had bought a few table tennis tables with his own money and offered them to the Sports Centre in Woodend. Driving back from the centre the thought occurred to me, why don't I do the same thing in Gisborne?

After convincing my wife using a range of persuasive techniques, the Gisborne and Districts Table Tennis Association was created.

On a sad note, my aunt in England had passed away, but I was able to use part of my inheritance from her (her name was Bryn) to fund the purchase of equipment needed to launch the



The table tennis association steadily gained popularity.

association. To always remember Bryn's contribution we dedicate a trophy in her name to one player in every grade, every season. Thanks Bryn, always in my heart.

Our association has seen a number of players go on and achieve success locally and internationally. Ben Jackson, who started playing with us in 2011, has played in several Australian Veterans teams, as has Dary Nitz. Ben has also won many Veterans tournaments playing singles and doubles. A number of our junior players have also had success. Matthew Glanville, who started playing with us in 2011 is now a leading A Grade player at Sunbury. Matthew also plays in Melbourne.

I would like to thank everyone who has helped us achieve this incredible

milestone. Sponsors, committee members, my delightful wife Kay, our children, and all the players, past and present. Thank you. Special thanks to Andrea Collins who manages all of our social media platforms and competitions. Here's to the next 10 years!

We never thought the association would be still going 10 years later. Amazingly, prior to COVID-19, we had 36 players in our Summer-Autumn 2020 pennant.

To find out about playing with the association please contact me, Stan Thomas. Please check out the other links as well.

Stan Thomas

stthomas@gisborneconnects.com.au, mobile 0437 508 338

www.revolutionise.com.au/gisbdtta/

What are the origins of petanque?

The Mt Macedon Petanque Club is still able to play socially with everchanging COVID-19 guidelines in place for play.

We wish to inform readers a little of the origins of this delightful game.

Games of rolled or thrown balls date back to antiquity. The Egyptians, Greeks and Romans crafted balls of stone but the Gauls (who became the French) made them of boxwood (buxus); later called bocce in the Provençal dialect and bocce in Italian.

Petanque was started in 1910 by French *jeu provençal* (a French form of boules) player Jules Lenoir whose rheumatism prevented him from running before he threw the ball.

By standing still (or sitting) it was easier to be accurate and the terrain could be shorter, thus the game was cheaper, simpler, more accessible and more fun.



French players and spectators around 1910.

Jeu de boules pied tanques (game of boules with feet planted) became *pied tanques* and then *petanque*.

Many people confuse petanque with bocce (where players run before they bowl the ball) and the game of boules is synonymous with petanque.

Play days at Mt Macedon Petanque Club are held on the second and fourth Saturdays of the month at 10am. The club grounds are behind the Caltex Service Station in Gisborne.

Players currently need to pre-register with the secretary to avoid us going above the current total person limit.

For further information and enquiry forms please go to our website mtmacedonpetanqueclub.weebly.com

Alison Kinghorn

'Catering wizards' help golf club through lockdown rough patch

The announcement to shut down metropolitan Melbourne and Mitchell Shire on July 8 brought to an end the influx of golfers to Gisborne Golf Club after the first Victorian lockdown ended.

The latest lockdown has left more than 200 club members confined to home until the period ends, hopefully around mid-August.

Fortunately, golf clubs are still operating within hotspot areas for these players to enjoy. However, leaving metropolitan Melbourne and Mitchell Shire to play golf is prohibited.

The club received record green fee and competition numbers throughout June and the start of July, but this trend is expected to decline alongside the metropolitan shutdown.

Nevertheless, this situation provides the perfect opportunity to introduce more local and regional residents to the Gisborne Golf Club.

On July 8, the club welcomed new residents to the kitchen space, Kevin and Maree: 'The Catering Wizards'. The pair have more than



Gisborne Golf Club

40 years' experience in the hospitality industry and know the space well, having prepared meals for a variety of previous Gisborne Golf Club

functions. However with a shortage of events in the present environment, Kevin and Maree's own catering business has been put on hold.

This new partnership will hopefully be the start of something much bigger for the club and the Catering Wizards as things open up again.

The bistro remains open to non-members space permitting but bookings are essential.

For quality food at an affordable price make a reservation by calling 5428 2493 and to view the menu head to the Gisborne Golf Club website, www.gisbornegolf.com

Golf bookings can be made anytime online via the website or by calling the pro shop on 5428 2698.

A day at Gisborne Golf Club is only a phone call away. Stay safe and take care.

John Griffiths
GGC Committee



SPORT IN PICTURES



Ben and Tom Green at U11 training at Tony Clarke on July 15.



Macedon U15s Brodie and Lachie keeping fit and training for the 2021 season on July 8.



John Andrew and Mark Weston watch Jeremy Clare drive the 1st tee in the July 4 stableford competition at Mt Macedon Golf Club.



The attention of this gallery of kangaroos was less than intense, possibly in a soporific state induced by the warming rays of the winter sun, as Kerry Patton of Gisborne putted out on the first at Gisborne Golf Club on July 24.

Antonio Ky plays in the bunker amid seemingly oblivious kangaroos at Gisborne Golf Club on July 11.



Bryce Trotman putting before tee-off of the stableford at Gisborne Golf Club on July 11



Dempsey Roberts and Aidan Slattery practise handballing at training on July 15.



Sam Rogers uses the latest coaching equipment at Gisborne Tennis Club on July 16.



Luka McKerley at Gisborne Skate Park on July 25.

Ulysses riders take us back to beginning



As the Macedon Ranges Ulysses Branch (MRUB) enjoys its 21st year, albeit in challenging circumstances,

we take the opportunity to revisit where it all began.

MRUB came into being when a current member, Richard Prisgrove, obtained a list of Ulyssians who resided in and around Sunbury and Gisborne. The intention was to form a splinter group from the Melbourne Ulysses Branch, and to gather for local rides.

A small group of local riders led by Richard and including another current member, Terry Duggan, concluded that there would be roughly 20-40 riders for a local group.

The first newsletter was sent out in February 1999 inviting around 25 people to an inaugural ride in March.

"Splinters", as it was then known, continued to grow until September when Ulysses Natcom, the national organisation, was advised that Splinters would become a formal group within the network.

It had its first official meeting in October 1999 then at a special



MRUB's first five presidents, pictured at July 2007 "Xmas in July" function.

L-R: Stephen Draper, John Petschauer, Cliff Yeo (who now resides in UK), Trevor Barnard and the late Ron Weste (founding president).

Photo: MRUB

meeting in November 2000, attended by 35 to 40 members, the first structured committee was elected. The committee was comprised of six members including the late Ron Weste, the founding president.

And as they say, the rest is history...

With many of our members living in 'locked down' local government areas, numbers at our events will of course be lower than normal.

However, you can catch limited numbers of socially distancing members at weekly Tyre Kicks from 10am Saturday mornings on Brantome Street, Gisborne. Or check out our active online presence on Facebook or the website www.mrub.org.au for newsletters and updates on planned activities. Our regular newsletters contain great stories

and pictures, a growing Buy and Sell section plus news and views on all things motorcycling.

Please stay well and safe until you can join us sometime for a ride, coffee, meal or just great company.

Cherry Cole



The first meeting of Macedon Ranges Ulysses Branch in 1999. L-R, standing: Brian and Eleanor Dixon, Jim Ferrie and Judith Gellies, Terry Duggan, Colleen and Ron Weste, John Kidd, Richard Prisgrove.

Seated, back: John and Helena Glover and their two children (one hidden), David Barnes, Dave Barnes' sister-in-law, Judith Barnes, Fran Kidd (peeking through), and Ron and Terry Lawrence. Seated, front: Jim and Lisa Arnold, Ella Prisgrove.

Photo: MRUB

Macedon Tennis Club

Well here we are in another phase of COVID. We are still playing socially and coaching at Macedon Tennis Club, but competition is on hold until August at this stage. We are incredibly lucky to enjoy the freedoms here in the Macedon Ranges. To be able to have a hit of tennis or go for a walk in our beautiful environment is such a privilege.

In the meantime, until Comp starts, here's some more

tennis history for you.

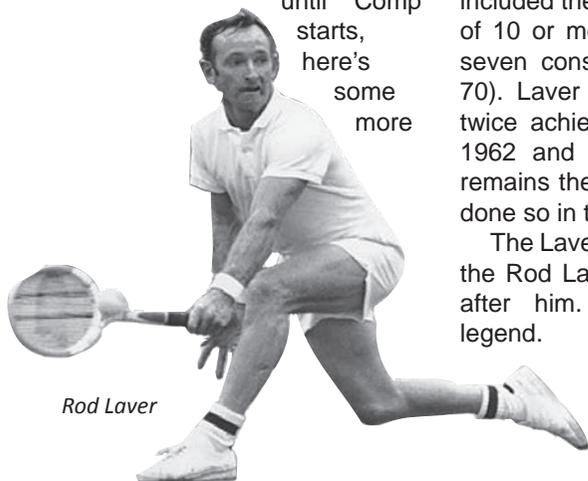
Who's the name behind Rod Laver Arena, I hear you shouting out? Let me tell you.

Rod Laver was born in 1938 in Rockhampton, Queensland. He was the No 1 ranked professional player from 1964 to 1970. Laver won 200 singles titles over his career and 11 Grand Slams. This included the all-time men's record of 10 or more titles per year for seven consecutive years (1964-70). Laver is the only player to twice achieve a Grand Slam, in 1962 and 1969, and the latter remains the only time a man has done so in the Open Era.

The Laver Cup tournament and the Rod Laver Arena are named after him. Rod Laver, tennis legend.

Happy hitting.

Lisa Fowler



Rod Laver



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Lisa Fowler
lisa@mtmr.com.au
 0418 557 222

Anglican Parish news

Looking out of the window, I am always admiring the beautiful array of birds that are in our area.



Each one of them is unique in their shape, size, colour and call.

Some birds are only heard at night. I have tried to find the elusive owl and frogmouths, but there are so many tall timbers to explore.

And what of the early morning?

The kookaburras are first with the morning call, followed by the rooster, magpies, ducks. If you are not awake after all that, alas, there is no snooze button on the white cockies!

Jesus told us that not one sparrow goes unnoticed by the Creator, and we're more important than the birds. He went on to say "consider the lilies of the field..."

Maybe there is something in his thinking for us at the moment.

There is no doubt there are a few more challenges before us, but let us take time, as the proverb says 'to smell the roses'. Sometimes, it is just in the simple things that the whole of creation seems to reset, and there is that promise of a beautiful tomorrow, sown in the seeds of hope that is all around us.

Fr Dennis Webster

Faithworks Christian Church

'I will heal their backsliding, I will love them freely.' Hosea 14:4 NKJV

Remember those words when you think you are not good enough or have made a big mistake, there is still hope!

"Half-time in the game is for rest and assessment. It's a time to regroup — to evaluate how things have been going and decide what adjustments need to be made for the rest of the game. Often a team may look like they're losing at half-time, but by the time the game ends they've turned things around and won. Until the final whistle sounds, the game is still up for grabs.

The same is true in life. If you're still here, the game of life isn't over for you. Your clock is still ticking. You have a life yet to live. Not only that, but the first half doesn't have to determine the outcome of the game.

Maybe you've made mistakes, experienced disappointments and failures. Maybe life has dealt you a harsh blow here or there. But you are still here — and as long as you are, the whistle hasn't blown and it's not too late for God to take you straight to the plan He has for you."

— vision.org.au

Darren Farrugia

faithworksc.com.au or find us on Facebook



Singing Solo

For many churchgoers, singing is a joyful highlight of a worship service. Hymns are nutrition for heart and mind, body and soul. Tunes linger in our heads for days and even years. Alas we now learn that singing together will be one of the last activities permitted when 'normal' activities resume. Musical togetherness carries viral dangers.



So, our churches have turned to bringing us together remotely. Our ministerial team have honed new skills so each week it's possible to see our own place on our computer screens. Hanging Rock, grim and glorious, a strutting magpie, even Riddell geese become the backdrop and familiar faces bring prayers, readings and reflections. And, we can sing along, albeit alone but with the advantage of wobbling on the notes privately.

If a higher standard of music is required, then the BBC continues to provide this with its cheerfully splendid *Songs of Praise*.

The Macedon Ranges is full of the sound of music; for this year muted by the need to stay apart. Will there be Carols by Candlelight in December? Will the mighty Messiah choruses of Handel ring out again across the Mount? Will somewhat raggedy choirs of school children be part of our Christmas treat? We can't know yet. But for now, singing solo is a rehearsal for a full resumption when, as the so-well remembered Vera Lynne sang, we'll meet again. And if you should want to join us, you'll find us on www.macedonrangesunitingchurch.org.au/worship-services.

Janet Wood, 5428 6700

Know your Victoria No 3

Across

3. Between Moe and Traralgon, the home of most of Victoria's power generation facilities.

5. Sovereign Hill is a popular tourist attraction here.

8. The Spirit of Tasmania departs from this Melbourne suburb.

9. Located on the Ovens River at the southern end of the Alpine Way.

13. On the Yarra River about 75km east of Melbourne with Mount Donna Buang in the background.

14. Birthplace of 18th prime minister, Sir John McEwen, it has many buildings from the gold rush.

16. 15km south of Maryborough, renowned for its Farmers' Market.

17. Located at junction of the Goulburn Valley Highway and Melba Highway.

18. On the Calder Highway in the heart of the wheat belt, near the largest salt lake in Victoria.

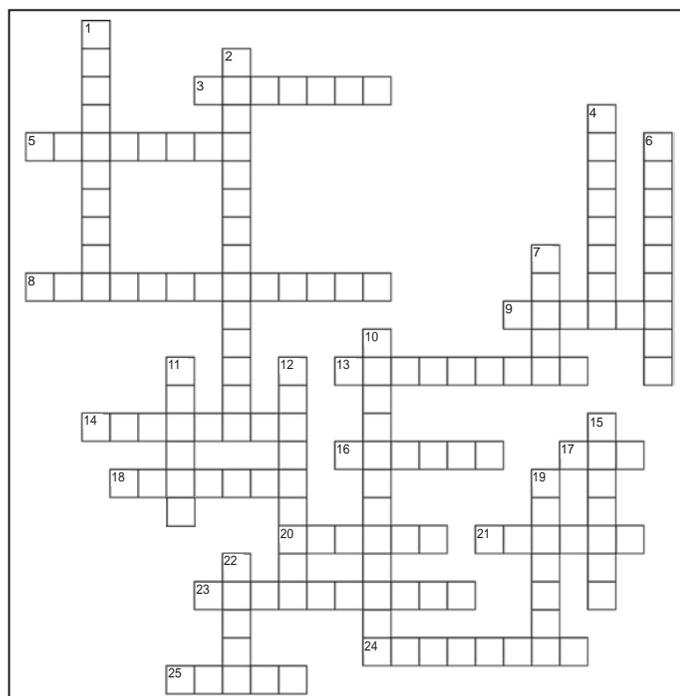
20. Sir MacFarlane Burnet grew up in this Western District town.

21. Historic town in Victoria's Midlands classified by the National Trust as the first notable town in Australia.

23. The holiday house in *The Castle* is here.

24. Popular tourist village in the Grampians.

25. Midway between Cressy and Colac, town of around 300 has several lakes nearby.



Crossword and Quiz questions kindly provided by Graeme Millar

Down

1. The most southerly town on the Victorian mainland.

2. Once known as Emerald Hill, it is among Melbourne's oldest suburbs.

4. Annual host of The Man from Snowy River Bush Festival, this locality is 120km east of Wodonga.

6. A suburb 41km south-east of Melbourne often referred to as "Gateway to the Mornington Peninsula".

7. South of Orbost near mouth of the Snowy River.

10. In Victoria's north-east and known to locals as "Yack".

11. 78km from Melbourne, the main administrative centre for Moorabool Shire

12. Only town on French Island.

15. Second largest city in Victoria.

19. This city owes its development to irrigation, wine, dried fruits and is recognised as

having Victoria's hottest temperatures.

22. A great tourist destination on Louttit Bay on the Great Ocean Road.

BRAINBUSTERS

1. Dipsophobia is fear of what?
2. Born Alice Lynne Murchison, by which name did she become better known during the long running legal action in the 1980s?
3. From which film is the saying "Life is like a box of chocolates; you never know what you're gonna get"?
4. Do the lines of latitude (meridians) go east to west or north to south?
5. According to Greek mythology, who had a face that launched a thousand ships?
6. The platypus is the animal emblem of which Australian state?
7. Which tournaments must a tennis player win to win all Grand Slam titles?
8. What is the title of William Shakespeare's shortest play?
9. What do the initials GPS found in motor vehicles stand for?
10. Which Australian state capital city hosted EXPO 88?

Answers page 39 ►



100 YEARS AGO

From the pages of the old Gisborne Gazette

AUGUST 1920

Mount Macedon Notes: At the annual general meeting of the Presbyterian Congregation held in the School Hall, Upper Macedon, on 30th July, the opportunity was taken to present Mrs [Edith] Alexejew with a silver teapot in connection with her recent marriage. Mrs Alexejew has for some time past acted as honorary organist, and a hearty vote of thanks was accorded her, and Miss Eva Wolfe, for her services rendered during the past year.

The annual meeting of the Workingmen's Club was held last Saturday night. President C Gogger occupied the chair, and there was a good attendance. The balance sheet disclosed a satisfactory credit balance, and the membership is on the increase. The following office bearers were elected for the ensuing year. President, Mr Joseph Tampling; Vice-President, Cr A Turner; treasurer, Mr H Price (re-elected); secretary, Mr A Wolfe (re-elected); committee, Messrs. J McCorkelle, L Harrop, G Manassa, C Cogger, W Hunt; auditors, R Parnell and N Boston. It was decided to call tenders for painting the hall and to invite applications for the position of caretaker and billiard marker. Offers to supply books were received from residents and accepted, and it was decided also to purchase some new books.

Football: Old King Football again reigned supreme in Gisborne on Saturday, when a team of Keilor 'ballers made a trip to the town to have a tussle with the local players. The visitors, about three score in number, arrived in two large charabancs. Favoured with beautiful spring weather, the match attracted a large crowd to the Island [Gardiner Reserve]. The game provided a good afternoon's sport, and the onlookers took a lively interest in the play and barracked in lusty style. The match resulted in a win for Gisborne, who had the assistance of Macedon's and Riddell's best players. Final scores were Gisborne, 5 goals 13 behinds; Keilor 2 goals 5 behinds.

The catering for the visitors was in the capable hands of Mr & Mrs John Power of the Telegraph Hotel, and Mr & Mrs J. O'Connor of the Victorian Hotel. After full justice had been done to the excellent repast provided, an adjournment was made to the Mechanics' Hall where a happy hour or two of dancing was indulged in to the strains of music supplied by Mr Tom Ladd.

BRAINBUSTERS ANSWERS

1. Drinking alcohol
2. Lindy Chamberlain
3. Forrest Gump
4. East to west
5. Helen of Troy
6. New South Wales
7. Wimbledon, Australian, French and US
8. The Comedy of Errors
9. Global Positioning Systems
10. Brisbane

WHERE IS IT?

The line of mailboxes is on Magnet Lane, New Gisborne.

WHAT'S ON

REGULAR MEETINGS

New members always welcome

PLEASE CHECK WITH YOUR GROUP WHETHER MEETINGS ARE TAKING PLACE IN AUGUST

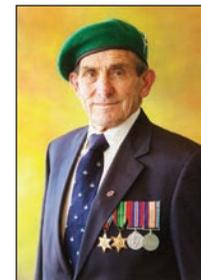
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|---|---|---|
| ADULT RIDING CLUB (Gis) | 2nd Saturday | Robertson Res |
| ADULT RIDING CLUB (Bullengarook) | 2nd Saturday | Rec Reserve |
| ANGLING CLUB | 2nd Wed 8pm | Railway Hotel Macedon |
| BOTANIC GARDENS working bee | every Thurs 9.30am-10.30am | |
| BRIDGE CLUB | Mon 12.30, Tues 7.15, Thurs 12.30 | St Mary's Church Hall, Woodend 5420 7595 |
| BUSHWALKING CLUB | Various locations | Tel 5428 3490 or 5427 0888 |
| CANASTA CLUB | 1.30pm every Mon except first Mon of month | Parish centre (behind St Pauls Church, Gisborne) |
| CANCER SUPPORT GROUP | last Wed of month | MRH |
| CAR CLUB | 1st Wednesday 8pm | Steam Park, New Gisb |
| CARERS GROUP (Mac Ranges) | 2nd & 4th Thurs, 1pm | Woodend RSL 5420 7132 (Note: 4th Thurs carers only) |
| COMMUNITY GARDEN | Wed 9am | Church of Christ |
| CROQUET CLUB | Wed & Sat 10am | Dixon Field |
| CWA GISBORNE | 2nd Monday 10am | Gis Secondary College |
| CWA MACEDON | 3rd Tues 1pm & 7pm | 662 Mt Macedon Rd |
| DALY RESERVE WORKING BEE | 2nd Tues 9.30am | Scout Hall, Daly Res |
| FILM SOCIETY | 2nd Wed Woodend Neigh'hood House | 5427 2323 |
| FLY FISHING CLUB | 4th Wed 7.30pm | MRFEC Gisborne |
| FOCUS CLUB | 2nd Fri 12 noon | Gisborne Golf Club |
| FRIENDS of JACKSONS CREEK | Working bees | 3rd Sun 10-noon |
| GARDEN CLUB | 2nd Wed various venues | 0409 691 525 |
| GENEALOGY GROUP | 4th Thurs 7.30 | Family Hist Rm, Library |
| GIRL GUIDES | Thursdays 5pm | Gis Comm Hall |
| GISBORNE SINGERS | Tues 7.30pm | Holy Cross PS |
| HISTORICAL SOCIETY | open Wed 10am-4pm | Court House |
| JPs SIGNING STATION | Thursdays 1-3pm | GREAT office Hamilton St |
| LIBRARY: TODDLERS' STORY TIME | Mon 10.30am, Wed 10.30am | |
| LIONS CLUB | First Thursday of month 7.30pm | 247 Station Rd |
| MARTIAL ARTS | Thurs from 5.15pm | St Brigid's Hall |
| MASONIC LODGE | 2nd Thurs 7pm | Masonic Hall Aitken St |
| MASTERS AFL | Wed 6.30pm | Sankey Reserve |
| MEN'S SHED BARBECUE | Last Mon 12.30pm | Lyell Street |
| MT MAC & DIST HORT SOC | 1st Tues 8pm | Horticultural Hall |
| MUFFINS 'N MORE | 2nd Tues 10am-noon | Uniting Church |
| MUMS' GROUP | 2nd Mon, 9.30-11.30am | 49 Fisher St |
| OBEDIENCE DOG CLUB | Sun 9am | Riddell's Rec Res |
| PARKINSON'S SUPPORT | 2nd Wed, 1pm | Lancefield Bowling Club |
| PETANQUE | 2nd & 4th Sat, 10am | behind Caltex service station, Station Rd, Gisborne |
| PHOENIX ART & CRAFTS | 1st Thursday | phoenixmrac.com |
| PHOTOGRAPHIC SOC | 1st Tues & 2nd Mon 7pm | Riddell's Creek Neighbourhood House |
| PONY CLUB Bullengarook | 1st Sunday | Rec Reserve |
| PONY CLUB Gisborne | 1st Sunday | Robertson Reserve |
| PROBUS | 1st Thurs 10am | Masonic Hall |
| QUILTERS (Gisb) | Wed 7pm | Room attached to Gisb Library |
| RAMBLERS | Fridays 9.15am | Tennis Club Dixon Field |
| ROTARY (Gisborne) | Tuesfortnightly, 6.45for7pm | WineO'Clock, 50AitkenSt (book 5428 4483 by 1pm Mon) |
| | (Macedon Ranges) 1st & 3rd Monday | Baringo Food & Wine |
| RUNNING GROUP | Tues & Thurs 6pm, Sun 8am | Gis Aquatic Centre |
| RSL | 1st Mon 2pm | Hall at 247 Station Rd 5428 2233 |
| SENIOR CITS (Macedon) | Tues 11am | Tony Clarke Res |
| SPINNERS & FIBRE GROUP | Wed 12 noon | Rec Reserve Bullengarook |
| TABLE TENNIS | Wed 7.30pm | Tony Clarke Res, Macedon |
| THUNDER SWIMMING CLUB | 2nd Sat 5pm | Gisborne Aquatic Centre |
| TOY LIBRARY | Every Sat 10-11am; first & third Wed, 8.45-9.30am, second & fourth Fri 9-10am | 71 Robertson St |
| U3A | Mondays 10.30am | MRFEC |
| ULYSSES GROUP | 3rd Tues 6pm | Sunbury FC |
| VINTAGE MACHINERY | Working bees 1st Sun of month, 8.30am at Steam Park; Meetings last Friday 7pm at Steam Park | |
| WRITERS GROUP | Last Sat of month 2-5pm | Woodend N'hood House |
| WRITERS (Scribes & Scribblers) | 2nd Tues 10am-12 | Riddell N'hood House |
| YOUNG VOICES | Thursdays 4.15-5.45pm | Norma Richardson Hall, Buckland St, Woodend, 5426 4801 or sddgome@patash.com.au |

OBITUARY

Bernard Percival Crutchfield 1924-2020

Bernie Crutchfield was proud to have served his country in time of need from 1942 until he was discharged from military service as a corporal in 1961.

Born in Melbourne to Myrtle and Percival Crutchfield, Bernie attended inner suburban state and high schools. Bernie's parents were owners of a movie theatre in Lygon Street, Carlton, so Bernie was assured of earning pocket money by being the lolly boy and selling refreshments between movies.



Bernie Crutchfield

He worked at Lincoln Mills Coburg for a short time before enlisting in the Citizens Military Forces in June 1942. Bernie was posted to 7 Australian Infantry Training Battalion in Darwin, where they were involved in defence of the Darwin area. In 1943 he transferred to the Australian Imperial Force for overseas service.

Following arduous commando training at the Army Training Centre in Queensland, Bernie sailed for New Guinea in August 1943 and encountered combat repelling a large Japanese counterattack. A number of offensive operations continued until April 1944 when Bernie then returned to Australia.

Following Japan's surrender in August 1945, the ranks of the squadron thinned quickly as men were discharged but Bernie volunteered for service with the British Commonwealth Occupation Force until March 1946 when he transferred to the Ordnance Depot in Broadmeadows. He was discharged in October 1946. Bernie re-enlisted in the Citizens Military Force in 1959 until 1961. He received the following honours and awards: the 1939-45 Star, 1939-45 Pacific Star, War Medal 1939-45, Australia Service Medal 1939-45 and the National Medal.

Following his army service, Bernie worked with the Melbourne Metropolitan Board of Works in Northcote instructing apprentices in metal fabrication and vehicle repair. Bernie met Joyce Knowles and they married in April 1952. They had four children, John, David, Glenn (deceased 1990) and Carol (deceased 2018), four grandchildren and one great-grandchild.

In his younger life Bernie enjoyed ice skating and tennis. In 1963 he joined the Brunswick Masonic Lodge and from 1985 he was an active member of the Gisborne Lodge. He was a volunteer with the Mt Macedon CFA, a member of the Kyneton Brass Band, Mt Macedon Horticultural Society and the Commando Association. He was an avid reader of Australian and military history and enjoyed discussing and analysing with others the various books he had read.

He liked music and football and particularly enjoyed walking along the Mt Macedon and Woodend waterways and wetlands. Bernie always looked forward each year to the camaraderie, catching up and marching with fellow Diggers on Anzac Day. Sadly Bernie and Joyce lost their home in Mt Macedon in the Ash Wednesday fires of 1983. While Mt Macedon was ablaze, Bernie was on the fire truck at Bullengarook. They elected to rebuild their home. Joyce passed away in 2008. Bernie later joined the Macedon Ranges Senior Citizens and participated in many local and interstate trips, outings and social gatherings. He became a resident of BUPA in Woodend in 2014.

A funeral service was held on July 2 at the Church of the Resurrection, Macedon, and a burial followed at the Macedon Cemetery.

We're here for you

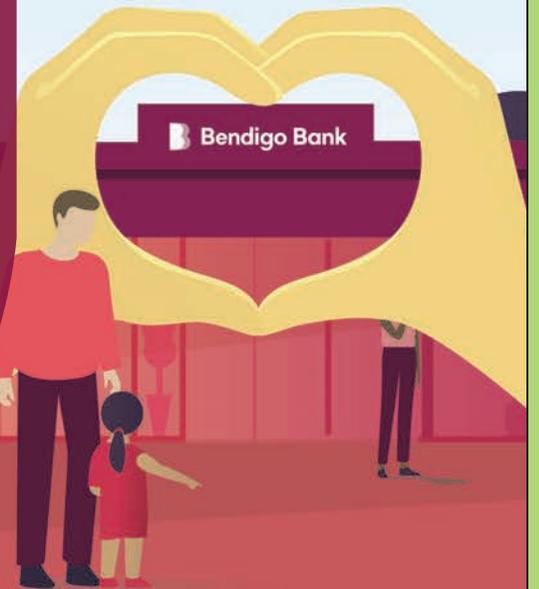
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